



Marudhar Kesari Jain College for Women(Autonomous)
(A Project of Sri Marudhar Kesari Jain Trust)



Recognized U/S 2(f) &12(B) of UGC Act ,1956-Permanently Affiliated of Thiruvalluvar University

Accredited with "A+" Grade by NAAC (4th Cycle) -An ISO 21001:2018 Certified Institution
Supported by DST-FIST

IQAC & FACULTY DEVELOPMENT CELL

Organizes

**Faculty Development Programme
on**

Learning To Lead Self and Others

INVITATION

MARUDHAR KESARI JAIN COLLEGE FOR WOMEN

(AUTONOMOUS)

Vaniyambadi, Tirupattur District - 637 751



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IQAC & Faculty Development Cell (FDC)



**Organizes
FDP on**



**LEARNING TO LEAD SELF
AND OTHERS**

Date : 13.11.2024 to 18.11.2024

Venue : Old Seminar Hall

Time : 02.00 PM to 04.00 PM

Resource Person



Dr. Merlin Mythili Nelson

Director - Centre for TLC

**Marudhar Kesari Jain College for
Women (Autonomous), Vaniyambadi**

PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 637 751

V. Dilip Kumar Jain
President

Anand Singhvi
Secretary

Dr. M. Inbavalli
Principal



Learning to Lead Self and Others

Facilitator Dr Merlin Mythili Nelson

Duration: 10 hrs 2hrs per day

This faculty development workshop is designed for Senior Faculty members in Leadership positions to understand, appreciate and reflect on what makes a centred, resilient leadership to positively impact the organisation and the world. Leadership is the art of influencing others to achieve organisational goals. This FDP shall enable the participants to learn salient leadership skills, various leadership styles, self-assess inherent biases in decision making, mull over the important aspects of power, politics and the role of leadership in shaping organisational culture and initiating change management, using a variety of hands-on activities within a practical and holistic theoretical framework.

Learning Outcomes

After the workshop, the participants will be able to:

1. Learn to lead oneself with mindfulness and inner stability.
2. Appreciate and reflect on the various leadership styles and how to lead downwards.
3. Explore how biases impact interpersonal communication and decision-making capability of the leader.
4. Delve on the art of navigating power and politics while leading upwards and sideways.
5. Forge fraternity, develop mutual trust and unity of purpose in workgroups and impact organisational culture and change management positively.

S. No	Date & Time	Topics
1	2 hrs	Introduction to what is Leadership, learning to lead one's self through mindfulness, inner stability and positive characteristic strengths.
2	2hrs	Appreciate and reflect on the different leadership styles.
3	2hrs	Reflect and review one's decision-making biases to appreciate the need for supportive interpersonal communication to build sustainable and productive work relationships.
4	2 hrs	Learn the sources of power and to navigate the quagmire of power and politics and constructively use the power and politics for achievement of organizational goals.
5	2 hrs	Forge a trustworthy organisational culture and implement healthy change management


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**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN
(AUTONOMOUS), VANIYAMBADI**



Activity Report

Title	Learning to Lead Self and Others		
Organized By	Internal Quality Assurance Cell (IQAC) & Faculty Development Cell		
Type of Activity	Faculty Development Programme (Heads, Deans and Directors)		
Level	Institutional		
Date	13.11.2011 to 18.11.2024	Time	02.00 pm - 4.00 pm
Venue	Old Seminar Hall	Mode	Offline
Resource Person Details	Dr. Merlin Mythili Nelson Director Teaching Learning Center Marudhar Kesari Jain College for Women, Vaniyambadi		
Objective of the Programme	<ol style="list-style-type: none">1. To understand Leadership, learning to lead one's self through mindfulness and emotional stability.2. To appreciate and reflect on the different leadership styles.3. To reflect and review one's decision-making biases.4. To learn the sources of power and to navigate the quagmire of power and politics5. To forge a trustworthy organisational culture and implement healthy change management		
Internal Participants Count	Staff : 22	External Participants Count	-

Summary

The session on Leadership Development aimed to equip participants with essential skills for effective leadership by focusing on self-awareness, decision-making, and organizational impact. The class began with an exploration of mindfulness techniques and emotional stability exercises, emphasizing their role in leading one self with clarity and resilience. Participants engaged in reflective discussions to appreciate various leadership styles, analyzing their applicability in diverse contexts.

The session further delved into decision-making, highlighting common biases and strategies to mitigate them through critical thinking. Concepts of power dynamics and

organizational politics were explored, with activities that illustrated how to harness power constructively. Finally, the importance of fostering trust within an organization and managing change effectively was emphasized, with case studies showcasing best practices in building a healthy organizational culture. Participants left with actionable insights and tools to apply in their leadership journeys.

Outcome of the Programme

The participants can able to

1. Learn to lead oneself with mindfulness and inner stability.
2. Appreciate and reflect on the various leadership styles and how to lead downwards.
3. Explore how biases impact interpersonal communication and decision- making capability of the leader.
4. Delve on the art of navigating power and politics while leading upwards and sideways.
5. Forge fraternity, develop mutual trust and unity of purpose in workgroups and impact organizational culture and change management positively


FDP Coordinator


Director-IQAC


Principal
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PHOTOS



M. S. Srinivasan
PRINCIPAL

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