

MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)

VANIYAMBADI, TIRUPATTUR DT - 635 751

- ✓ Recognized u/s 2(f) & 12(B) of UGC Act 1956
- ✓ Permanently Affiliated to Thiruvalluvar University
- ✓ Supported by DST - FIST | DBT STAR College Scheme



School of Life Sciences

The Ivan Pavlov Association of the PG Department of
Psychology and Mental Health and Well - Being Cell

✧ Organizes ✧

Field Practicum Visit to
**IELC MANNS SCHOOL FOR THE MENTALLY
RETARDED, BARGUR**



Date : **24.09.2026**



Time : **09.30 a.m to 03.00 p.m**



**IELC MANNS SCHOOL FOR MENTALLY
RETARDED, BARGUR**

PRINCIPAL

Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751.
Tirupattur District

Sri. Anand Singhvi
Secretary

Dr. M. Inbavalli
Principal

Ms. M. Ayesha Sabeen
Head



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous)

(A Project of Sri Marudhar Kesari Jain Trust)

Recognized u/s 2(f) & 12(B) of UGC Act, 1956 – Permanently Affiliated to Thiruvalluvar University
Accredited by NAAC with "A+" Grade (4th Cycle) – Supported by DST - FIST | DBT STAR College Scheme
Vaniyambadi, Tirupattur District - 635 751

SCHOOL OF LIFE SCIENCES IVAN PAVLOV ASSOCIATION OF THE PG DEPARTMENT OF PSYCHOLOGY & MENTAL HEALTH AND WELL - BEING CELL

Organized

FIELD PRACTICUM VISIT

to

IELC MANNS SCHOOL FOR THE MENTALLY RETARDED, BARGUR

Targetted Students: Diploma in Counselling Psychology

Date: 24.09.2026

Time: 09.30 a.m - 03.00 p.m

Mode: Offline

AGENDA

Departure from MKJC	:	09.45 a.m
Reached IELC Manns School	:	10.45 a.m
Orientation about the School	:	10.45 a.m - 11.00 a.m
Mental Status Examination	:	11.00 a.m - 12.30 p.m
Departed from IELC Manns School	:	12.35 p.m
Arrival at MKJC	:	02.00 p.m
Feedback from the Students		

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**MARUDHAR KESARI JAIN
COLLEGE FOR WOMEN (AUTONOMOUS), VANIYAMBADI**



Activity Report

SUMMARY REPORT

TOPIC / SUBJECT OF THE ACTIVITY

The Ivan Pavlov Association of the PG Department of Psychology under the School of Life Sciences and the Mental Health and Well-Being Cell of Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi, organized a Field Practicum Visit to IELC Manns School for the Mentally Retarded, Bargur, on 24.09.2026 for the students of the Diploma in Counselling Psychology. The field practicum was designed to provide students with first-hand practical exposure to an institutional setting, enabling them to relate their classroom learning to direct field-based observation and experiential learning. A total of 54 students of the Diploma in Counselling Psychology, accompanied by two faculty members from the Department, participated in the field practicum visit.

OBJECTIVES (INPUT):

- To bridge the gap between **theoretical learning and practical application** in Counselling Psychology.
- To familiarize students with the **functioning and environment of a specialized educational and care institution.**
- To develop students' skills in **systematic observation, professional interaction and empathetic understanding.**
- To introduce students to the practical relevance of **Mental Status Examination (MSE)** in an appropriate institutional context.
- To enhance students' awareness of the **psychological, educational and social needs of individuals with developmental and intellectual disabilities.**

METHODOLOGY (PROCESS):

The field practicum visit was conducted through a structured, experiential and observation-based learning approach to provide the Diploma in Counselling Psychology students with direct exposure to an institutional setting.

1. **Orientation and Briefing:** The students were briefed about the purpose of the field practicum, the institutional setting and the importance of professional conduct, sensitivity and ethical behaviour while interacting with individuals with special needs.
2. **Institutional Orientation:** Upon arrival at IELC Manns School, the students attended an orientation session to gain an understanding of the school, its functioning and the nature of services provided.
3. **Field-Based Observation:** Students observed the institutional environment and gained practical exposure to the educational and supportive practices followed within the setting.
4. **Mental Status Examination:** A structured practical session on Mental Status Examination (MSE) was conducted which enabled the students to relate concepts learned in the classroom to practical psychological observation.
5. **Experiential Learning:** Students were encouraged to connect their theoretical knowledge in Counselling Psychology with their observations and experiences during the visit.

OUTPUT:

- Students received direct exposure to the functioning of a specialized institutional environment.
- Students participated in an orientation session and the scheduled **Mental Status Examination** component.
- Students were provided an opportunity to observe and understand the practical application of psychological knowledge.
- The visit facilitated interaction between **academic learning and field-based professional exposure.**
- The field practicum enabled the students to understand the role of counselling and psychological support in promoting **mental health, well-being and social inclusion.**

OUTCOMES:

- Enhanced students' **practical understanding of Counselling Psychology** in an institutional setting.
- Developed skills in **observation and Mental Status Examination.**

- Increased awareness of the **psychological, educational and developmental needs of individuals with special needs.**
- Helped students **connect theoretical knowledge with real-world practice.**
- Promoted awareness of **inclusion, dignity and respect for individual differences.**
- Encouraged **reflective and experiential learning** through field exposure.

CONCLUSION

The **Field Practicum Visit to IELC Manns School for the Mentally Retarded, Bargur**, provided Diploma in Counselling Psychology students with a meaningful opportunity to connect theoretical knowledge with practical field exposure. The structured orientation and scheduled Mental Status Examination component enabled students to gain a better understanding of psychological observation and professional practice in an institutional setting.

The field practicum thereby contributed not only to the **academic and professional development of the students**, but also to the broader objectives of **SDG 3 – Good Health and Well-Being, SDG 4 – Quality Education, and SDG 10 – Reduced Inequalities**, by integrating mental health awareness, experiential education and inclusive social perspectives into Counselling Psychology training.

Participants Count :

Internal Participants	:	Faculty : 2; Students: 54
External Participants	:	Delegates: 6 ; Students : 108

M. J. Jeyaraj
HOD
28/9/2024

A. Jeyaraj
Dean
28/9/2024

J. Jeyaraj
28/9/2024
IQAC Director

M. Jeyaraj
Principal
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Tirupattur District



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous)

33 Years
of Educational
Excellence...

VANIYAMBADI

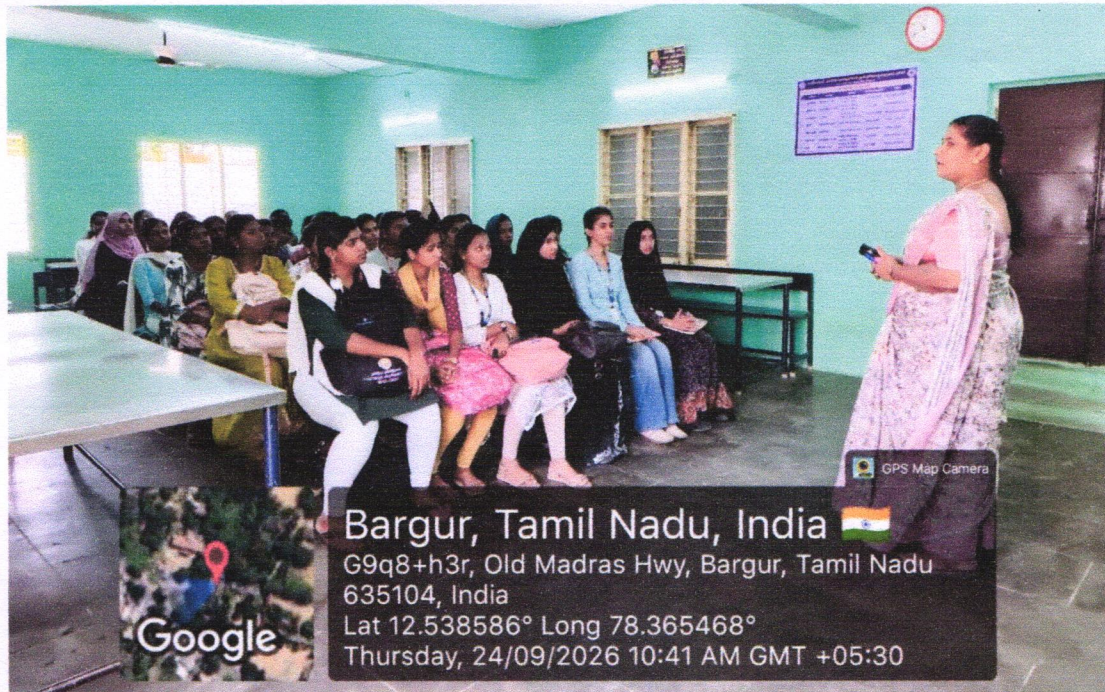
SCHOOL OF LIFE SCIENCES

**IVAN PAVLOV ASSOCIATION OF THE PG DEPARTMENT OF
PSYCHOLOGY & MENTAL HEALTH & WELL - BEING CELL**

FIELD PRACTICUM VISIT to

IELC MANNS SCHOOL FOR THE MENTALLY RETARDED, BARGUR

Date : 24.09.2026



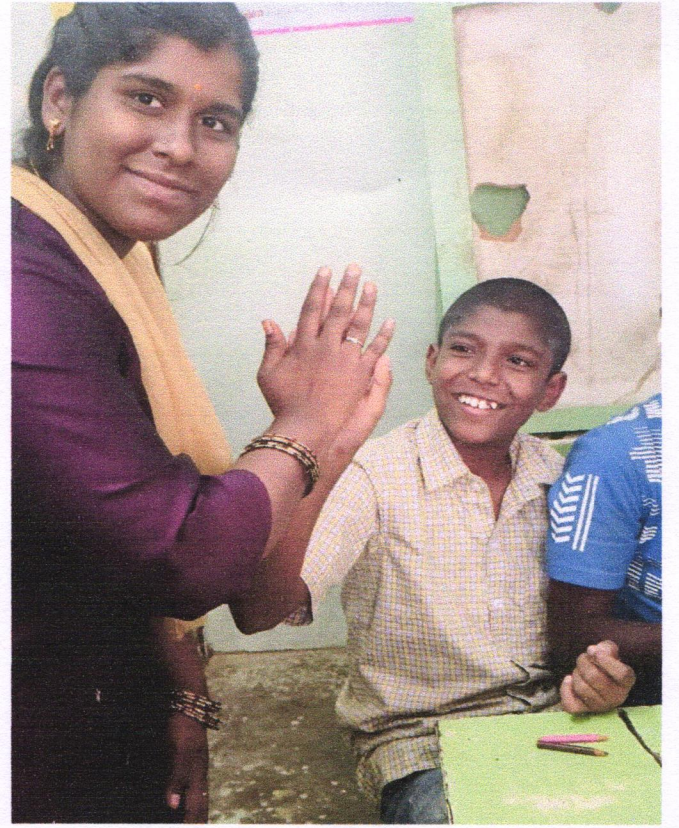
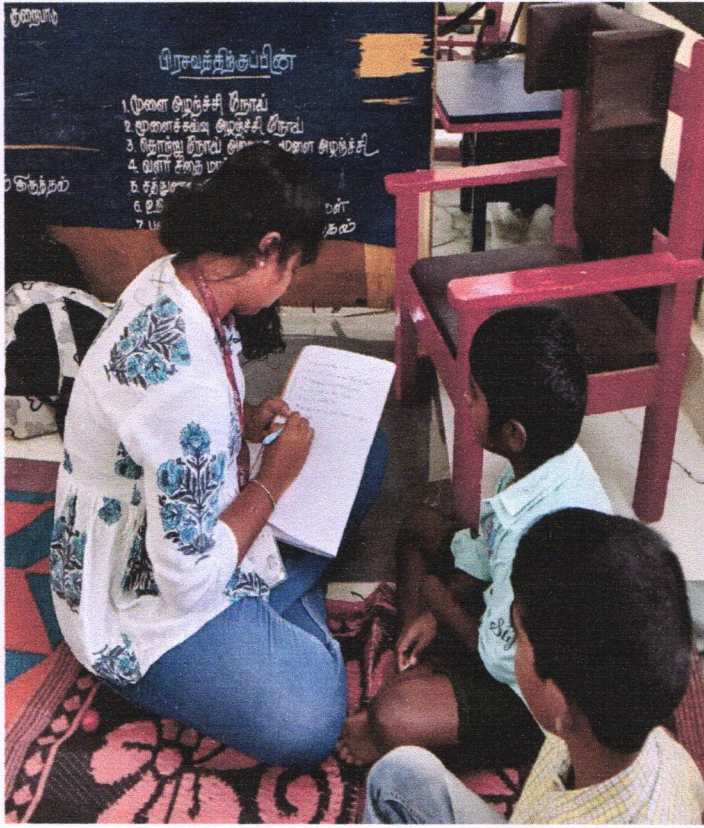
MP. J. J. J.
HOD
24/9/2026

MP. J. J. J.
DEAN, SLS

MP. J. J. J.
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Tirupattur District**



MP. *[Signature]*
HOD 28/9/2026

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DEAN, SLS

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IQAC DIRECTOR 28/9/2026

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