



## SCHOOL OF BUSINESS

**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)  
VANIYAMBADI**

Recognised u/8 2(f) & 12(B) of UGC Act 1956 | Permanently Affiliated to Thiruvalluvar University |  
Accredited with 'A' Grade by NAAC (3rd Cycle) | An ISO 21001:2018 Certified Institution | Supported by  
DST-FIST



Collaboration with

**VEDHAMS SKILLCONNECTA PVT LTD**

**TWO-DAY RESIDENTIAL TRAINING PROGRAM ON**

# Step Up: An Experiential Leadership & Team Adventure

Learn. Lead. Connect.  
Grow. Perform. Reflect.



**Dr. D VETRIVELAN**

Dean  
School of Business, MKJC

**VENKAT DEVA**

Corporate Trainer

Vedhams SkillConnecta Pvt Ltd

**DR. MERLIN MYTHILI NELSON**

Director Center of ETP  
MKJC

## What Students Will Gain:



Improved Leadership & Communication



Stronger Team Collaboration



Better Decision-Making under Pressure

Deep Self-Awareness & Resilience

Enhanced Time Management & Prioritization

ADVENTURE | CAMP | FOOD | STAY | TREK

07-08, AUGUST 2025

10AM - 11PM



**CSI RETREAT CENTRE**

YELAGIRI HILLS

PRINCIPAL

**MORE INFO CONTACT US**

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**MARUDHAR KESARI JAIN**  
**COLLEGE FOR WOMEN (AUTONOMOUS), VANIYAMBADI**  
**Activity Report**

<b>Title</b>	<b>Residential Training Program</b>		
<b>Organized By</b>	<b>PG &amp; Research Department of Business Administration</b>		
<b>Type of Activity</b>	<b>Leadership &amp; Team Adventure</b>		
<b>Level</b>	<b>Institute</b>		
<b>Date</b>	<b>07.08.2025 &amp; 08.08.2025</b>	<b>Time</b>	<b>10.00am to 5.00pm</b>
<b>Venue</b>	<b>Yelagiri</b>	<b>Mode</b>	<b>Offline</b>
<b>Resource Person Details</b>	<b>Mr.Venkat Deva, Corporate Trainer, Vedhams SkillConnecta Pvt Ltd</b>		
<b>Objective of the Industrial Visit</b>	<ol style="list-style-type: none"><li>1. To enhance leadership and team-building skills among students.</li><li>2. To promote self-awareness, mental wellness, and emotional intelligence.</li><li>3. To provide experiential learning through outdoor activities and group tasks.</li><li>4. To encourage physical well-being through yoga and nature walks.</li><li>5. To build stronger interpersonal relationships and collaborative spirit.</li></ol>		
<b>Internal Participants Count</b>	<b>Students : 31 Faculty : 02</b>	<b>External Participants Count</b>	<b>Students : Nil Faculty : Nil</b>

### Summary

Our college organized a two-day boot camp on 7th and 8th August 2025 at ACS Resort and Kyra Park, aimed at developing leadership qualities, enhancing team spirit, and promoting self-development among students. The camp was a perfect blend of learning, adventure, fun, and reflection, leaving lasting memories in the hearts of all participants. The journey began on 7th August at 9:30 AM when all students assembled at the college campus. After a short briefing, we departed at 10:00 AM, enjoying scenic hill views and clicking group pictures along the way. Upon reaching the resort at 10:45 AM, we were warmly welcomed with coffee and tea, which set a refreshing tone for the day.

The first activity was a memory game at 11:00 AM, designed to help everyone remember each other's names and build rapport. By 11:30 AM, students were divided into four groups and engaged in interactive team-building activities such as "Hold the Ball" and "Joint Wheel," which emphasized coordination, strategy, and mutual understanding. This was

followed by a meaningful session on mental health and self-awareness, helping students reflect on emotional intelligence and mindfulness. After lunch, a movie screening from 2:30 PM to 5:00 PM focused on leadership and personality development, inspiring students through storytelling and real-life examples. In the evening, we visited Kyra Park, where we participated in various fun-filled activities such as feeding birds, enjoying DJ music, engaging in group tasks, and warming ourselves by the fire camp. The evening concluded with dinner at 9:15 PM, followed by games, laughter, and a late-night walk under the stars around the resort at 11:00 PM, capturing moments and connecting with the staff. By midnight, it was time to rest and recharge.

Day two began early at 6:00 AM with music and tea, followed by a refreshing morning walk at 7:00 AM and a peaceful yoga session guided by instructors from 8:00 AM to 9:00 AM. After breakfast at 9:30 AM, students participated in exciting group tasks from 10:00 AM to 1:00 PM, including activities like Pyramid Building, Catch the Ball, and Solo Singing, which helped unlock creativity, leadership, and public speaking. A feedback session allowed students to share their experiences and takeaways, which was followed by lunch at 2:00 PM. Photography sessions at 2:30 PM added joy and allowed us to capture the greenery and our bonding. We departed the resort at 3:00 PM and reached back to the college by 3:45 PM.


The boot camp was truly a grand success. It offered a platform for students to explore their strengths, connect deeply with peers, and grow personally and socially. It strengthened our friendships, boosted self-confidence, and left us with lifelong memories and lessons. It was a perfect mix of relaxation, self-discovery, and teamwork.

### Outcome of the Programme

1. Improved confidence, communication, and collaboration among students.
2. Increased awareness about mental health and emotional balance.
3. Developed leadership abilities through various group tasks and challenges.
4. Built strong friendships and a sense of community among participants.
5. Gained valuable life skills in time management, empathy, and teamwork.

  
HOD

  
IQAC Director

  
Principal  
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Tirupattur District



**MARUDHAR KESARI JAIN  
COLLEGE FOR WOMEN (AUTONOMOUS), VANIYAMBADI**



**Department Name : PG & Research Department of Business Administration**

**Programme Name : Residential Training**

**Date : 07.08.2025 & 08.08.2025**



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