



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI



(A Project of Sri Marudhar Kesari Jain Trust)


Recognized Under sec 2(f) & 12(B) of UGC Act of 1956 Permanently Affiliated to Thiruvalluvar University


Re-Accredited with "A" Grade by NAAC || An ISO 21001:2018 Certified Institution

Supported by DST - FIST

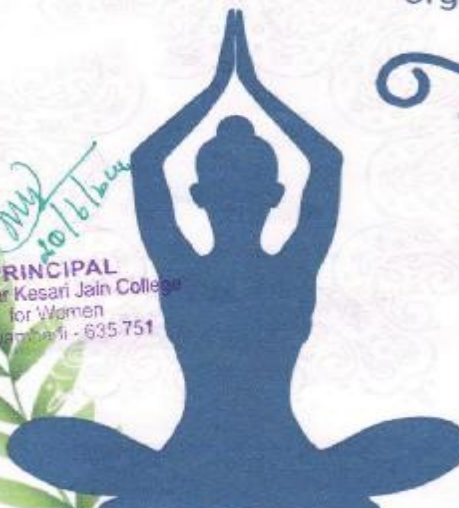
DEPARTMENT OF PHYSICAL EDUCATION, NSS & NCC ORGANIZED INTERNATIONAL YOGA DAY ON 21.06.2024

INVITATION

**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)**
VANIYAMBADI
Recognised u/s 2(f) & 12(B) by UGC Act, 1956 || Permanently Affiliated to Thiruvalluvar University
Accredited by NAAC with "A" Grade (3rd Cycle) || An ISO 21001:2018 (ECMS) Certified Institution
Supported by DST - FIST



**PHYSICAL EDUCATION, NSS & NCC
IN ASSOCIATION WITH TIRUPATTUR
MANAVALA KALAI TRUST**
organizes





M. Dilip Kumar Jain
20/6/24
PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751

**INTERNATIONAL
YOGA DAY
CELEBRATION**
YOGA FOR SELF AND SOCIETY

on 21st June 2024
Venue: Front Office Ground
Time: 10.00am

CHIEF GUESTS

**Mr. Sundaramurthy K**
Professor of Yoga
Tirupattur Manavala Kalai Trust
Tirupattur

**Mrs. Arulnidhi Sarala, B.Sc**
Assistant Professor Trainee
Tirupattur Manavala Kalai Trust
Tirupattur

ALL ARE CORDIALLY INVITED

V. Dilip Kumar Jain
President

Anand Singhvi
Secretary

Dr. M. Inbavalli
Principal

AGENDA



Marudhar Kesari Jain College for Women (Autonomous)

(A Project of Sri Marudhar Kesari Jain Trust)

Recognised u/s 2(f) & 12(B) by UGC Act, 1956 - Permanently Affiliated to Thiruvalluvar University
Accredited by NAAC with "A" Grade (1st Cycle) - An ISO 21001:2018 (EOMS) Certified Institution



**PHYSICAL EDUCATION, NSS & NCC
IN ASSOCIATION WITH
TIRUPATTUR MANAVALA KALAI TRUST**

Jointly Organizes
INTERNATIONAL YOGA DAY

21st JUNE 2024 @ 10:00 a.m.

AGENDA

Prayer

Welcome Address : Ms.M.Sowmiya Priya, III B.Sc CS

Felicitation Address : Dr.M.Inbavalli , Principal

Introduction of the Guests : Ms.M.Pavithra, III B.Sc CS

Honoring the Guests : Management Trustees

**Chief Guest Address I : Mr.K.Sundaramurthy,
Professor of Yoga,
Tirupattur Manavala Kalai Trust,
Tirupattur.**

**Chief Guest Address II : Mrs.Arulnidhi Sarala, B.Sc.,
Assistant Professor Trainee,
Tirupattur Manavala Kalai Trust,
Tirupattur.**

Activities : Yoga & Meditation

Vote of Thanks : Ms.R.Sowmiya, III B.Sc CS

National Anthem

ALL ARE CORDIALLY INVITED

PRINCIPAL
Marudhar Kesari Jain College
for Women
Vanivambadi - 635 754

REPORT



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANITYAMBADI



International Yoga Day Report

21.06.2024

On the commemoration of International Yoga Day, Department of Physical Education, NSS & NCC in association with Tirupattur Manavala Kalai Trust jointly organized International Yoga Day on 21.06.2024 at Marudhar Kesari Jain College for Women, Vaniyambadi.

The College Chairman Sri.M.Vimmal Chand Jain, Co-Chairman Sri.C.Lickmichand Jain, President Sri.V.Dilip Kumar Jain, Secretary Sri.Anand Singhvi, Principal Dr. M.Inbavalli, College Deans and Directors, CAO Ms.B.Sakthimala, COE Mr.T.Balasubramanian presided the program.

The programme was started with the fine tune of prayer song followed by Tamilthai Vazhthu. Welcoming the guest for the function is a pleasant task so Ms.M.Sowmiya, III B.Sc CS welcomed the gathering with her warm words.

Next Dr. M. Inbavalli, Principal felicitated the gathering with motivational words. She encouraged the students to practice yoga daily that ensures physical and mental health. Chief Guest introduction was given by Ms.M.Pavithra III B.Sc CS. The College Co-chairman Sri.C.Lickmichand Jain, Secretary Sri.Anand Singhvi, and Principal Dr. M. Inbavalli honoured the Guests shawl and memento.

The programme burgeoned when the esteem guest Mr.K.Sundaramoorthy, Professor of Yoga, Manavala Kalai Trust, Tirupattur delivered a thought provoking speech .He inculcated the importance of Yoga and Meditation. The chief guest advised the Students embrace the power of Yoga to achieve physical well being, mental peace and spiritual growth.

Around students 3000 and 250 fraternity from MKJC performed various Asana's and meditations. The programme was concluded with vote of thanks by Ms.R.Sowmiya, III B.Sc CS followed by National Anthem.

[Signature]
21/6/24

[Signature]
21.6.24
- PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751

PHOTOS







GPS Map Camera



Peddakallupalli, Tamil Nadu, India
JJQ3+GMP, Peddakallupalli, Tamil Nadu 635751, India
Lat 12.638681°
Long 78.604069°
21/06/24 12:05 PM GMT +05:30

M. Anusha
PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751