



# MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous), VANIYAMBADI

(A Project of Sri Marudhar Kesari Jain Trust)

Recognized u/s 2(f) & 12(B) by UGC Act 1956 – Permanently Affiliated to Thiruvalluvar University

Accredited with “A+”Grade by NAAC(4thCycle)–AnISO21001:2018 (EOMS) Certified Institution

Supported by DST – FIST



## Workshops/Awareness Programmes organized by PG & Research Department of Foods & Nutrition

Academic Year 2024–2025

### ANNUAL REPORT

S.No	Date	Name of the Program	Resource Person Details	Total No of Participants
1	05-08-2024	Inguration & awareness Program on Breastfeeding week “ Theme- Closing the gap – Breastfeeding supports for all”	Dr. S. pavithra M.B.B.S.,M D,Post graduate ., Madras Medical College and Rajiv Gandhi Government General hospital Chennai	108
2	08-08-2024	Exploring Intermittent Fasting And Its Impact On Human Metabolism	Mrs. M .Shahida Shamsudden Lecturer Department Of Clinical Nutrition College Of Applied Medical Sciences Saudi Arabia	10
3	24-08-2024	International Online Workshop On Precision Nutrition	DR. Debmalya Barh,Prof (Titular), Dept Of Genetics ,Ecology & Evolution Federal University Of Minas Gerai ,Brazil MS. Roshini Prasad Nutrition Expert (Microbiome Diet) Bug Speaks ,Bangalore	164
4	30/08/2024	Nicolas Appert And Sanitation /Health & Hygiene Club Organizes Menstrual Hygiene Awareness Program	Dr.Franklin Vijaykumar TNSRLM department Of Rural Development (P&C,IB,SM,CB AND FI)	117

5	24-09-2024	Health & Hygiene Association Of Foods & Nutrition Department In Collaboration With Icds Organizes National Nutrition Month	District Collector Thiru K Tharpakaraj,Intergated Child Development Project Officer Mr,Sentilkumar ,Tirupattur Health Department Dr,Chitra Sena ,Jolarpet .Dr Meenakshi,BMO	138
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