



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)

VANIYAMBADI, TIRUPATTUR DT - 635 751

- ✓ Recognized u/s 2(f) & 12(B) of UGC Act 1956
- ✓ Permanently Affiliated to Thiruvalluvar University
- ✓ Supported by DST - FIST | DBT STAR College Scheme



Star Status
INSTITUTIONS
INNOVATION
COUNCIL
(Ministry of Education Initiative)



**PG & Research Department of Foods and Nutrition
organizes**

Guest Lecture on

“Policy to Practice: India’s Nutrition Policies, Programmes and Strategies for a Healthier Nation”

Supported by

DBT STAR COLLEGE SCHEME



Date : **17.09.2026**



Time : **01.30 pm**



Venue : **AV Hall**

CHIEF GUEST

Ms. R. Mythili

Child Development Project Officer
K.V.Kuppam Block, Vellore District
Integrated Child Development Project Services.
Department of Social Welfare and Women Empowerment
Ministry of Women and Child Development.



PRINCIPAL
Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751,
Tirupattur District

Sri. V. Dilip Kumar Jain
President

Sri. Anand Singhvi
Secretary

Dr. M. Inbavalli
Principal

Dr. M. Gomathi
DBT STAR College Scheme
Coordinator

Ms. R. Mahalakshmi
Head



**MARUDHAR KESARI JAIN
COLLEGE FOR WOMEN (AUTONOMOUS),
VANIYAMBADI**

(A Project of Sri Marudhar Kesari Jain Trust)

Marudhar Nagar, Chinnakallupalli, Vaniyambadi.

Recognised u/s 2(f) & 12(B) by UGC Act, 1956 || Permanently Affiliated to Thiruvalluvar University

Accredited by NAAC with "A+" Grade (4th Cycle) || An ISO 21001:2018 (FOMS) Certified Institution

PG AND RESEARCH DEPARTMENT OF FOODS AND NUTRITION

Organizes

GUEST LECTURE

**TOPIC: "POLICY TO PRACTICE : INDIA'S NUTRITION POLICIES PROGRAMMES
AND STRATEGIES FOR A HEALTHIER NATION"**

SUPPORTED BY DBT STAR COLLEGE SCHEME

Date: 17-09-2026 Venue: AV HALL

AGENDA

PRAYER

WELCOME ADDRESS

: Ms FATHA SAMRU B

II BSc, Nutrition, FSM and Dietetics

FELICITATION

: Dr M INBAVALLI

Principal, MKJC

CHIEF GUEST INTRODUCTION

: Ms TWINKLE KANWAR A

II-B.Sc. Nutrition FSM and Dietetics

CHIEF GUEST

: Ms MYTHILI R

Child development project officer,

Integrated child development project services.

Department of social welfare and women
empowerment

Ministry of women and child Development.

VOTE OF THANKS

: Ms ANANYA R

II-B.Sc. Nutrition FSM and Dietetics

NATIONAL ANTHEM

*****ALL ARE CORDIALLY INVITED*****

PRINCIPAL

Marudhar Kesari Jain College
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Vaniyambadi - 635 751.

Tirunelveli District



Activity Report

Guest Lecture on “Policy to Practice: India’s Nutrition Policies, Programmes and Strategies for a Healthier Nation”

Input

The PG & Research Department of Foods and Nutrition, Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi, organised a Guest Lecture on “Policy to Practice: India’s Nutrition Policies, Programmes and Strategies for a Healthier Nation” on 17 September 2026. The programme was supported by the DBT STAR College Scheme and aimed to enhance students’ understanding of India’s nutrition policies, programmes, strategies, and their practical implementation. Ms. R. Mythili, Child Development Project Officer, K.V. Kuppam Block, Vellore District, Integrated Child Development Services (ICDS), Department of Social Welfare and Women Empowerment, Ministry of Women and Child Development, served as the Chief Guest and Resource Person. A total of 94 students from Nutrition, Food Service Management and Dietetics (NFSM&D) participated in the programme and gained valuable insights into the implementation of nutrition policies and programmes at the community level.

Objectives of the Programme

The major objectives of the programme were to:

- To familiarize students with major nutrition policies programmes and strategies implemented in India.
- To enhance students’ understanding of the objectives and practical implementation of national nutrition programmes.
- To help students relate classroom knowledge of nutrition to community-based nutrition services and government initiatives.
- To create awareness about the role of nutrition professionals in supporting nutrition and health programmes at the community level.
- To encourage students to develop professional awareness and understand the importance of coordinated approaches for improving nutritional well-being.

Process

The PG & Research Department of Foods and Nutrition conducted the Guest Lecture on “Policy to Practice: India’s Nutrition Policies, Programmes and Strategies for a Healthier Nation” on 17 September 2026. The session was handled by Ms. R. Mythili, Child

Development Project Officer, K.V. Kuppam Block, Vellore District, Integrated Child Development Project Services, Department of Social Welfare and Women Empowerment, Ministry of Women and Child Development.

The resource person explained the relevance of nutrition policies, programmes and strategies and highlighted how policy-level initiatives are translated into services and practices at the community level. The session provided students with practical insights into government nutrition initiatives, community nutrition services and the role of field-level functionaries. Students actively participated and gained an opportunity to connect their academic learning with real-world nutrition programme implementation.

The programme was supported by the DBT STAR College Scheme and was attended by I UG, II UG and III UG students of Nutrition, Food Science and Management (FSM), and Dietetics.

Output

- A Guest Lecture on “Policy to Practice: India’s Nutrition Policies, Programmes and Strategies for a Healthier Nation” was successfully conducted.
- Ms. R. Mythili, Child Development Project Officer, K.V. Kuppam Block, Vellore District, served as the Chief Guest and Resource Person.
- Students were provided with awareness of India’s nutrition policies, programmes and strategies and their practical implementation.
- The session connected classroom learning with community-based nutrition services and government initiatives.
- Students gained practical insights into the role of nutrition professionals and field-level functionaries in nutrition and health programmes.

This programme can be mapped primarily to SDG 2 – Zero Hunger, SDG 3 – Good Health and Well-being, SDG 4 – Quality Education and SDG 5 – Gender Equality.

Outcome

- Students gained an understanding of major nutrition policies, programmes and strategies implemented in India.
- Students enhanced their knowledge of the objectives and practical implementation of national nutrition programmes.
- Students were able to relate classroom knowledge of nutrition to community-based nutrition services and government initiatives.
- Students developed awareness of the role of nutrition professionals in supporting nutrition and health programmes at the community level.

- Students strengthened their professional awareness and understanding of coordinated approaches for improving nutritional well-being.

The programme successfully enhanced students' awareness of India's nutrition policies, programmes and strategies and helped them relate academic learning to practical community nutrition services and programme implementation.


HOD


Dean, SLS


IQAC Director


Principal

PRINCIPAL
Varudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751.
Tirupattur District

Topic: "Policy to Practice: India's Nutrition Policies, Programmes and Strategies for a Healthier Nation"

Date: 17.09.2026

Organized by: PG and Research Department of Foods and Nutrition

Venue: AV Hall



P. Mahesh
Head 21/9/26

[Signature]
Principal
PRINCIPAL

Marudhar Kesari Jain College for Women (Autonomous)
Vaniyambadi - 635 751,
Tirupattur District