



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)

Vaniyambadi - 635751, Tamil Nadu, INDIA. Tel : +91 04174 225300, 224300

Email : principal@mkjc.in • Website : www.mkjc.in



Recognized
u/s 2(f) & 12
(B) of UGC
Act, 1956



Permanently
Affiliated to
Thiruvalluvar
University



Re-Accredited
with "A+" Grade
by NAAC
(4th Cycle)



An ISO
21001:2018
Certified
Institution



Supported
by DST-FIST

Sri. V. Dilip Kumar Jain
President

Sri. Anand Singhvi
Secretary

Sri. N. Lalith Kumar Jain
Treasurer

UNIFORM POLICY ON MENTAL HEALTH, WELLBEING, AND NATIONAL TASK FORCE (NTF) COMPLIANCE

1. Title

Uniform Policy on Mental Health, Well-being, and National Task Force (NTF) Implementation

2. Preamble

Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi recognizes that mental health is fundamental to academic success. In alignment with UGC guidelines, NEP 2020, and the National Task Force (NTF) directives from the Department of Collegiate Education, the institution is committed to ensure proactive, preventive, and responsive mental health support systems.

3. Objectives

The policy aims,

- Establish a structured institutional mental health governance system
- To promote mental health awareness and emotional well-being
- To provide accessible counselling and psychological support
- To prevent stress, anxiety, depression, and burnout
- To create a safe, empathetic, and inclusive campus culture
- To ensure early identification and intervention mechanisms
- To ensure financial and administrative welfare, including timely scholarship disbursement and inclusive admission monitoring.
- To implement NTF guidelines at institutional level

4. Scope

This policy applies to,

Students (UG, PG, Research), Faculty members, Non-teaching staff, Hostel residents, Institutional stakeholders.

5. Institutional Framework

Student Counselling Centre (SCC) / Mental health & Wellbeing Centre (MHWC)

The institution shall establish a Student Counselling Centre with,

- Qualified counsellor/psychologist
- Dedicated counselling space ensuring privacy
- Regular counselling hours
- Digital and tele-counselling support



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6. Integrated Mental Health & NTF Committee

A single unified committee shall function combining:

- Mental Health Committee (as per UGC regulations dated 13th January 2026)
- National Task Force (as per RJD communication dated 2nd April 2026)

S. No	Name of the Committee members	Role	Responsibility
1	Dr. M. Inbavalli	Chairperson	Final Approval of Monthly Reports
2	Ms. M. Ayesha Sabeen	Nodal Officer /Coordinator	Liaison with Joint Director Office
3	Ms. J.P. Hephzibha Joicey	Mental Health Professional (Psychologist)	Clinical Counseling & Tele MANAS
4	Ms. R. Mahalakshmi	Faculty representatives	Identify early warning sign of students and report to NTF committee from all representatives
5	Dr. N. Jayanthi	Faculty representatives	Dropout & Admission Monitoring
6	Ms. M Renuka	Faculty representatives	Identification of issues and concerns of the students
7	Ms. M.S. Reethiswari	Hostel/Warden	Residential Student Well-being
8	Mr. J.Karthik	Scholarship/Office	Scholarship Verification (NTF Rule 1)
8	Ms. Rida Fathima Margayal (Psy)	Student representative	Peer Support & Awareness
9	Ms. R. Srisha (Biochem)	Student representative	Peer Support & Awareness
10		External mental health expert (if available)	Counseling
11		Professional counsellor (if available)	Counseling



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7. Contact

Equity Helpline (24x7) : Tele MANAS/Anti-Ragging/Women's helpline
Mail ID : mentalhealthsupportmkjc@gmail.com
Online Portal : <https://forms.gle/socE3H5C3H2WG2s86>

8. Suggested activities in HEIs

For students

- 3- 4 workshops (1st Semester)
- Workshop for 2nd and 3rd year students (Topic – Motivation, Digital Literacy, online safety, life skills, time management etc)
- Final year and PG – Building resilience, communication, interpersonal communication.

For Faculty and Non-teaching

- Workshops on resilience, stress management, anger management,

For Parents

- Awareness programme for parents – Every semester

9. For Curriculum

Integrate wellbeing and happiness into curriculum

10. Awareness programme

- World Mental Day, World suicide prevention day
- Law around Mental health
- Digital protections
- Harassment
- Helpline

11. Group Competitions

12. Mandated Actions & Procedures (NTF Integration)

The committee shall execute the following as per the National Task Force directive.

- To ensure all eligible students receive scholarships within the stipulated time. It must identify reasons for any missed applications to ensure 100% coverage.
- To monitor that no eligible student is denied a seat and provide necessary counseling during admission.



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- To install mandatory signboards for Tele MANAS Mental Health Services (14416) across the campus.
- To track Dropout students to prevent academic withdrawal.
- Monthly "Wellness Day" - One day every month must be dedicated to seminars, workshops, or counseling sessions by qualified experts.

12. Data reporting to UGC and accountability

- The committee meets monthly to review scholarship data and student well-being.
- Committee must submit a regular mental health and well-being report to the UGC on MANAS- SETU Portal.
- Monthly reports must be submitted directly to the Joint Director of Collegiate Education, Vellore.

13. Review and Revision

The policy shall be reviewed annually by IQAC and the Governing Body.

14. Approval

Prepared by	Verified by	Approved by
IQAC Director	Principal	Secretary
  Seal & Signature with Date	 PRINCIPAL Marudhar Kesari Jain College for Women (Autonomous) Vaniyambadi - 635751. Tirupattur District	 SECRETARY Marudhar Kesari Jain College For Women Vaniyambadi-635751. Seal & Signature with Date