

DEPARTMENT OF PSYCHOLOGY

PROGRAMME OUTCOMES AND COURSE OUTCOMES OF UNDER GRADUATE & POST GRADUATE PROGRAMME (2022 ONWARDS)

NAME OF THE PROGRAMME: B. Sc PSYCHOLOGY – PROGRAMME OUTCOME	
PO1	Able to gain an insight into the principles process and concepts in psychology
PO2	Able to understand the biology behind the behavior of an individual
PO3	Become familiar with psychological assessment tools
PO4	Able to employ statistical methods in psychological research
PO5	Able to demonstrate counseling skills
PO6	Able to understand the developmental and behavioral changes in early and late childhood
PO7	Able to understand the personality and behavioral aspects of a person
PO8	Able to acquaint with different mental disorders among people
NAME OF THE PROGRAMME: M.Sc PSYCHOLOGY– PROGRAMME OUTCOME	
PO1	Graduates come out with the competence and the skills to work with the various groups (children, Adolescence, Adult, Couple, Family, and Elderly) and various settings (Schools, Hospitals, Addiction Centres, Elderly Home care Centers, Industry, Public and Civil Services, Police Department, Prison, NGO"s).
PO2	Hospitals: Graduates will be qualified to offer assessment services, psychological services in psychiatric settings. Are equipped to offer psychological interventions that optimize biological health interventions in hospitals. They are also capable of offering pro-active health interventions in high stress related sectors like stock market, Public & Administrative services, Politics, Military, Police Department and Prison Services.
PO3	Industry/Organization: Graduates are equipped through their knowledge in consumer and organizational psychology to help organizations recruit, select, and manage the performance of employees, deal with critical organizational issues such as leadership, workplace conflict, work motivation and occupational health, advertising, public relations, marketing and consumer satisfaction.
PO4	Education: Graduates possess competence to teach effectively, offer psychological and counselling support to problems and difficulties that emerge in educational settings, and to actualize the purpose of education by providing holistic training to students.
PO5	Graduates will possess competence for self-regulation and excellence along with ability to serve the society.
PO6	Graduates are prepared to engage in research for PhD level studies in counselling and Psychotherapy
PO7	To create critical understanding of measurement issues and techniques in psychological inquiry
PO8	Enable students to develop skills and competencies in test construction and standardization
PO9	To learn the application and contextual interpretation of data from psychological Measurement
PO10	Students would gain conceptual and theoretical knowledge of psychological principles and would be able to apply them in research and professional areas.

NAME OF THE PROGRAMME: B.Sc PSYCHOLOGY – COURSE OUTCOMES	
SEMESTER I	
GENERAL PSYCHOLOGY-I	<ol style="list-style-type: none"> 1. Students will be able to understand the scope of psychology 2. Students will be able to understand the behavioral concepts 3. Students will be able to understand the mental state of a person 4. Students will be able to understand the strategies to improve learning Skills 5. Students will be able to understand the concepts in improving memory
BIOLOGICAL PSYCHOLOGY –I	<ol style="list-style-type: none"> 1. Students will be able to correlate anatomy and behavior 2. Students will be able to understand the nervous system and its organization 3. Students will be able to understand synapses in nervous system 4. Students will be able to understand the classification of nervous system 5. Students will be able to understand the brain and its hormonal regulation
PRINCIPLES OF MANAGEMENT	<ol style="list-style-type: none"> 1. Students will be able to learn hierarchy of management, roles and responsibilities of management professional 2. Students will be able to understand process of planning and decision Making 3. Students will be able to understand and develop organizational skill 4. Students will be able to understand the power of authority and its execution
	<ol style="list-style-type: none"> 5. Students will be able to learn the control process and know the importance of coordination and co-operation in management sector
SEMESTER II	
GENERAL PSYCHOLOGY- II	<ol style="list-style-type: none"> 1. Students will be able to gain an extensive knowledge about different theories and principles of cognition and behavior 2. Students will be able to gain an extensive knowledge about theories of motivation and its conflicts 3. Students will be able to understand the principles of emotions and stress and learn its coping mechanism 4. Expose the students to creative ideas and to encourage them to try number of creative methods to enhance their IQ 5. Students will be able to analyze, develop and exhibit accurate sense of self and learn to balance their personalities and confidence
BIOLOGICAL PSYCHOLOGY- II	<ol style="list-style-type: none"> 1. Students will be able to understand circadian rhythms, sleep and biological dreaming patterns 2. Students will be able to understand the power and working of the human brain and its developmental cycle 3. Students will be able to learn the importance of thirst and hunger and to get an better understanding of its biological importance 4. Students will be able to understand the biological basis of an emotion and its functions in the development of human behavior 5. Students will be able to understand the different theories of learning and memory and its importance in human biology
	<ol style="list-style-type: none"> 1. Students will be able to learn the concepts in organizational behavior and the factors influencing it

ORGANIZATIONAL BEHAVIOR	<ol style="list-style-type: none"> Students will be able to understand the importance, characteristics and theories of working in a group that support decision making Students will be able to gain insight into leadership qualities and its moral values Students will be able to learn the organizational culture, factors influencing organizational effectiveness Students will be able to learn adapting to sudden changes in within Organization
SEMESTER III	
DEVELOPMENTAL PSYCHOLOGY- I	<ol style="list-style-type: none"> Students will be able to understand the stages of child birth Students will be able to understand the characteristics of infancy Students will be able to understand the physical and emotional behavior of babyhood Students will be able to understand the stages in early childhood Development Students will be able to understand the stages in late childhood Development
HEALTH	<ol style="list-style-type: none"> Students will be able to understand health and behavior Students will be able to understand models and approaches in health Behavior

PSYCHOLOGY	<ol style="list-style-type: none"> Students will be able to understand the concept, progression and management of pain Students will be able to understand the theoretical concepts relevant to stress management Students will be able to understand the interventions for reducing smoking and alcoholism
STATISTICS IN PSYCHOLOGY	<ol style="list-style-type: none"> Students will be able to understand the importance of statistics and will be introduced the different types of variables and their measurement The students will be able to calculate the measures of central and mode tendency, mean, median and standard deviation The students will be able to understand techniques of inferential statistics and hypothesis testing The students will be able to learn the non-parametric methods of data Analysis
STRESS MANAGEMENT	<ol style="list-style-type: none"> Students will be able to understand the holistic approaches in stress Management Students will be able to understand the body and emotion components contributing to stress Students will be able to understand the mind and spirit components influencing stress Students will be able to gain insight into therapies in coping stress Students will be able to understand the various relaxation techniques in stress management
HUMAN RESOURCE MANAGEMENT	<ol style="list-style-type: none"> The students will be able to understand the strategies of human resource Management The students will be able to understand the recruitment process in selecting ideal candidates in an organization The students will be provided an insight into the different training methods adopted in an organization The students will understand the criteria for performance appraisal of an employee adopted in an organization The students will be to understand the process of auditing, organization ethics in promotions and terminations
SEMESTER IV	
DEVELOPMENTAL PSYCHOLOGY- II	<ol style="list-style-type: none"> Students will be able to understand the changes in body due to puberty Students will be able to understand the characteristics of adolescence and its personality traits Students will be able to understand the characteristics of young adulthood and to learn how to handle it Students will be able to understand the physical and mental changes of middle age and to learn how to adjust for the approaching old age Students will be able to understand the characteristics of old age and various effects associated with old age, so that students can handle the senior citizens with much more care
INTRODUCTION TO THEORIES OF	<ol style="list-style-type: none"> Students will be able to gain knowledge in different theories of personalities and research methods associated with it

PERSONALITY	<ol style="list-style-type: none"> Students will be able to understand the theories of Freud, Jung and Adler in the field of psychoanalytics Students will be able to learn the trait perspectives of personality and its Theories Students will be able to learn and understand the existential humanistic perspectives on personality Students will be able to learn the social behavioral perspectives of personality and cognitive construct of human mind
MARKETING MANAGEMENT	<ol style="list-style-type: none"> The students will be able to understand the basic elements of marketing, strategies and factors affecting its functions The students will be able to understand the requirement and expectation of customers and importance of customer satisfaction The students will be able to learn about product quality and quantity, product market demand and sales expectation The students will be able to learn about the strategies in pricing products and improving product distribution and availability The students will gain insight into designing suitable advertising methods in promoting the sales of the products
BASICS IN COMPUTER APPLICATIONS	<ol style="list-style-type: none"> The students will be able to understand the origin and development of computers, its classification and uses The students will be able to understand in detail the different internal elements of computers The students will be able to learn about the external elements of Computers The students will be given a deeper insight into the computer languages and program development The students will gain a deeper understanding on internet and searching the web to obtain relevant information
TRAINING AND DEVELOPMENT	<ol style="list-style-type: none"> The students will gain an insight into the benefits of training process The students will learn about the different process and stages in training and development The students will be able to understand the importance of career and the stages and planning in career development The students will be able to learn and understand the hierarchical stages in management process The students will be made known the training programs and different training institutes available in India
SEMESTER-V	
ABNORMAL PSYCHOLOGY- I	<ol style="list-style-type: none"> Students will be able to get introduced to abnormal behavior and theoretical perspectives of abnormal psychology Students will be able to get attuned with the various models of abnormality in human personality Students will be able to learn the neurological aspects of human mind and the neuro development disorders associated with it Students will be able to understand about anxiety and its related disorders to overcome the social stigmas associated with it

	<ol style="list-style-type: none"> Students will be able to learn somatic disorders and dissociative and its Treatments
SOCIAL PSYCHOLOGY- I	<ol style="list-style-type: none"> Students will be able to understand the historical and significant origin of the field in the Western and Indian context Students will be able to describe the development of the self and the dynamics of interpersonal attraction, aggression and attitude formation in the social context Students will be able to learn the social belief and judgment associated with the social work and to handle the concepts of self presentation, self justification and self perception Students will be able to learn the theoretical concepts of confirmatory compliance and obedience in the social context Students will be able to learn comprehend the nature of the helping behavior in the social context
INTRODUCTION TO RESEARCH METHODOLOGY	<ol style="list-style-type: none"> The students will able to perceive the importance, process and principles of a good research The students will be able to gain an insight into framing a logical and good research hypothesis and understand the strategies to evaluate it The students will be able to understand the importance of sampling in qualitative research and gain knowledge in the implementation of appropriate sampling methods The students will gain knowledge in framing research questionnaire for adequate data collection The students will understand the principles in writing a scientific research report by following the specifications and formats
EXPERIMENTAL PSYCHOLOGY PRACTICAL- I	<ol style="list-style-type: none"> At the end of the course students will be able to administrator, analyze and interpret results from various psychological tools and expand the knowledge of various assessment procedure The students will learn to expand the knowledge of various assessment procedure associated with attention, perception, learning, motivation and emotion, psycho motor abilities and conduct intelligence test Students will learn regarding conduction of the experiments given
GUIDANCE AND COUNSELLING PSYCHOLOGY	<ol style="list-style-type: none"> The students will be able to understand the need and importance of counselling and its services The students will be able to learn the different process and approaches in counselling services The students will be able to gain insight into the psychological testing and diagnosis adopted in counselling and guidance The students will be able to understand the qualities and responsibilities of a counselor The students will be able to learn the different aspects and areas in

	Counseling
COMMUNICATIVE SKILL	<ol style="list-style-type: none"> 1. The students will be able to learn and develop skills to communicating with people 2. The students will be able to learn to handle and tackle enquiries over Telephone
SEMESTER –VI	
ABNORMAL PSYCHOLOGY- II	<ol style="list-style-type: none"> 1. Students will be able to study and learn the different types of moods and its disorders 2. Students will be able to learn schizophrenia and other psychotic disorders and its treatments 3. Students will be able to get a deeper understanding of personality disorders as seen in the society 4. Students will be able to get a better understanding of substance related disorders and its factors and treatments 5. Students will be able to learn perspectives on prevention of psychological and behavioral problems and its treatments, so that the students may handle such cases with better understanding of human Psyche
SOCIAL PSYCHOLOGY- II	<ol style="list-style-type: none"> 1. Students will be able to learn and understand the theories of persuasion and its cults 2. Students will be able to learn and understand the group influence and dynamics found in the society and influence of the minority 3. Students will be able to learn and understand the nature and power of prejudice and its effects 4. Students will be able to learn and understand the theories of aggression and violence associative with aggression 5. Students will be able to learn and understand the different internal and external sources of attraction and relationships so that they may know the value of relationship
EXPERIMENTAL PSYCHOLOGY PRACTICAL- II	<ol style="list-style-type: none"> 1. At the end of the course students will be able to administer, analyze and interpret the results from various psychological tools 2. The students will learn to expand the knowledge of various assessment procedures associated with various personalities, attitudes and behaviors 3. Students will be able to put into practice what they have learned Theoretically
PROJECT	<ol style="list-style-type: none"> 1. Students will be able to apply the concepts of psychological research 2. Students will be able to prepare questionnaires for real-time project 3. Students will be able to implement statistical tools to analyze the data 4. Students will be able to prepare research report
POSITIVE PSYCHOLOGY	<ol style="list-style-type: none"> 1. Students will be able to identify the basic premises of positive psychology and analyze criticism of the field 2. Students will be able to identify different ways to define and measure happiness, as well as variables that are related/ unrelated to happiness

	<p>and well-being</p> <ol style="list-style-type: none"> Students will be able to learn and employ self control, regulations and personal goals setting Students will be able to understand the positive cognitive states of human mind and the process associated with it Students will be able to employ the applications of positive psychology
SUBSTANCE USE AND COUNSELLING	<ol style="list-style-type: none"> Students will be able to understand the effects of substance use and abuse and the theories associated with it Students will be able to understand the effects of alcohol and the psychological effects of its abuse Students will be able to understand the effects of opioids and cannabis and the effects of its abuse on society Students will be able to learn the abuse and the effects of nicotine and the damages caused Students will be able to learn better management of substance use and abuse and help the generations from abuse
CONSUMER BEHAVIOUR	<ol style="list-style-type: none"> The students will be able to gain insight on consumer role, marketing concepts and marketing types and strategies The students will be able to learn and understand the consumer behavior and to deal with consumer emotions The students will be able to learn models determining consumer attitude and change The students will be able to learn the reference groups and different classes of consumers and factors influencing consumer behavior The students will be able to understand consumer decision making process, their expectation, nature and pre and post purchase reactions

NAME OF THE PROGRAMME: M.Sc. PSYCHOLOGY - COURSE OUTCOMES	
SEMESTER –I	
COGNITIVE PSYCHOLOGY	<ol style="list-style-type: none"> The student will be able to understand the development of cognition of human mind The student will be able to understand the relationship between level of attention, conscious level and perception of an individual The student will be able to memory process and languages of mind The student will be able to help solving the problem The student will be able to identify the reason behind life problems and help them make decisions.
THEORIES OF PERSONALITY	<ol style="list-style-type: none"> The student will be able to know the different types of personality and its measurements The student will be able to understand the nature of human being and their social behavior The student will be able to understand existential theories by various authors The student will be able to social cognition theories by George Kelley The student will be able to understand the basic theories of various authors about personalities
LIFE SPAN PSYCHOLOGY	<ol style="list-style-type: none"> The student will be able to understand the prenatal period, infancy periods The student will be able to understand babyhood, early childhood, and late

	<p>childhood changes of human development</p> <ol style="list-style-type: none"> 3. The student will be able to understand the mental changes happens during puberty, adolescent and adulthood 4. The student will be able to understand the mental changes happens middle age 5. The student will be able to understand the mental changes happens during old age
HUMAN RESOURCE DEVELOPMENT	<ol style="list-style-type: none"> 1. The student will be able to understand the nature of Human Resource Management and its planning process 2. The student will be able to understand the determination concept, attracting and helps to job recruiting resources and methods of it 3. The student will be able to understand appraising managing 4. performance in human development 5. The student will be able to understand the employee compensation of rewarding human resources 6. The student will be able to understand the recent trends and practices in HRM
SPORT PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to understand the nature of Human Resource Management and its planning process 2. The student will be able to understand the determination concept, attracting and helps to job recruiting resources and methods of it 3. The student will be able to understand appraising managing performance in human development 4. The student will be able to understand the employee compensation of rewarding human resources 5. The student will be able to understand the recent trends and practices in HRM
CYBER PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to understand the basic psychological space and human computer interface 2. The student will be able to understand the adolescent. Gender and unique role behavior in cyberspace 3. The student will be able to explore the relationships hold by cyberspace naturally 4. The student will be able to understand the unique groups in cyberspace and decision making methods for e-mails 5. The student will be able to explore the research opportunities in cyberspace
TECHNIQUES OF COUNSELLING	<ol style="list-style-type: none"> 1. The student will be able to understand the techniques of gestalt therapy 2. The student will be able to understand the basic techniques of NLP according to John Grinder and Richard Bandler 3. The student will be able to explore various types of behavioural therapy 4. The student will be able to know the exposures therapies and the basics of stress 5. The student will be able to understand about the way to find solutions for various problems
ADOLESCENT COUNSELING	<ol style="list-style-type: none"> 1. The student will be able to understand the biological development of human being 2. The student will be able to understand the basic Cognitive development of human being

	<ol style="list-style-type: none"> 3. The student will be able to explore various types of Social development 4. The student will be able to know the relationships and cultures in the social space 5. The student will be able to understand about the way to identify the major issues and prevention of addiction.
MODERN TRENDS IN COUNSELLING	<ol style="list-style-type: none"> 1. The student will be able to understand the psychology about one self and cultural implications 2. The student will be able to learn the expressive side of art therapy 3. The student will be able to explore the side of narrative In psychotherapy 4. The student will be able to know about psycho-educational model 5. The student will be able to understand the positive side of human psychology and well-being
PSYCHOLOGICAL ASSESSMENT-I	<ol style="list-style-type: none"> 1. The student will be able to test and evaluate the experimental techniques in psychological assessment of a person
APPLIED SOCIAL PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to understand native of applied, social psychologies and about other basic theories of psychology 2. The student will be able to understand about the various side of cognition level 3. The student will be able to explore the scientific reason behind various attitudes 4. The student will be able to know about styles of leadership 5. The student will be able to understand the where, when and how to apply the psychological aspect in various situation
NEURO PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to know the introduction about neuropsychology and its measuring equipments 2. The student will be able to understand the relationship between parts of human brain and its behavior 3. The student will be able to explore the various disorders of perception and its scientific reasons explained by various authors 4. The student will be able to know the disorders and dementia of mood and thoughts 5. The student will be able to know the various types of neuropsychological assessments by different authors
BEHAVIOUR MODIFICATION	<ol style="list-style-type: none"> 1. The student will be able to introduce themselves to the various types 2. The student will be able to know the skills to establish new modifications in their behavior 3. The student will be able to explore the various procedures of desirable and undesirable behavior 4. The student will be able to know the various other behavior changing procedures in human being 5. The student will be able to know the overview of an assessment, formulation and intervention in clinical condition
ELEMENTS OF HEALTH PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to get an introduction about health psychology and history of the same 2. The student will be able to know general approaches to health models and theories of health

	<ol style="list-style-type: none"> 3. The student will be able to explore the various procedures of enhancing health behaviours 4. The student will be able to know the healthy relationship to practice in regular life 5. The student will be able to know the overview of stress and the way to cope the stress up
COMMUNITY PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to know about the meaning and concept of community psychology 2. The student will be able to know core values in community psychology 3. The student will be able to understand the communities as setting for health promotion models 4. The student will be able to know students mental health on the side of academic to perform better 5. The student will be able to know the various childhood disorders.
PSYCHOLOGY OF INTER PERSONAL RELATIONSHIP	<ol style="list-style-type: none"> 1. The student will be able to know about the meaning and concept of psychology of inter personal relationship. 2. The student will be able to know core values of the relationship in workplace and family. 3. The student will be able to understand role of a person in a work place. 4. The student will be able to helps a person to build up social relationship and helps to initiate social relationship. 5. The student will be able to know the interpersonal communication.
PSYCHOLOGY FOR SUCCESS IN LIFE	<ol style="list-style-type: none"> 1. The student will be able to know the meaning of psychology 2. The student will be able to know the personal skill development 3. The student will be able to develop the social skills and relationships 4. The student will be able develop one's personality and helps to heal the inner wounds 5. The student will be able to change the personality
SICK, ADDICTED AND WORKPLACE	<ol style="list-style-type: none"> 1. The student will be able to know the meaning of sick psychology,addicted behaviours and workplace counselling methods 2. The student will be able to know about helping the person in serious difficulties 3. The student will be able to counsel the substance users and other drug users

	<ol style="list-style-type: none"> 4. The student will be able understand employees problem in workplace 5. The student will be able to counsel for workplace stress and issues
COUNSELLING PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to know about the difference between guidance and counselling 2. The student will be able to know about core rules of counselling 3. The student will be able to understand the role of a counsellor in various situations 4. The student will be able contribute the counseling service on the side of various relationship 5. The student will be able to counsel the particular in a professional way
PSYCHOLOGICAL ASSESSMENT-II	<ol style="list-style-type: none"> 1. The student will be able to test and evaluate the experimental techniques in psychological assessment of a person
FIELD STUDY	<ol style="list-style-type: none"> 1. Students will be able to learn, develop and practice counselling skills
HUMAN RIGHTS	<ol style="list-style-type: none"> 1. Students will be able to know the importance of human rights 2. Students will be able to know the basic information of international and national human rights 3. Students will be able to know the declarations of human rights 4. Students will be able to know the different systems of human rights and issues and policies related to human rights
COUNSELLING SKILLS & TECHNIQUE	<ol style="list-style-type: none"> 1. The student will be able to know about basic skills of counselling along with the ethical issues 2. The student will be able to know about two different models of counselling and the stages of the same 3. The student will be able to get more knowledge about listening and empathizing the feeling of others 4. The student will be able to learn the various professional activities in counselling 5. The student will be able to know how counselling is been applied in the side of education
RESEARCH METHODS AND APPLIED STATISTICS	<ol style="list-style-type: none"> 1. The student will be able to know about basic foundation and introduction of research 2. The student will be able to know about the first three steps namely hypothesis, variables and samplings of research 3. The student will be able to get more knowledge about applying designs in the project they do

	<ol style="list-style-type: none"> 4. The student will be able to learn the various ways of using statistics to find solutions for the research problem 5. The student will be able to write a report on client work and research work
ORGANIZATIONAL BEHAVIOR	<ol style="list-style-type: none"> 1. The student will be able to know about basic foundation and introduction of an organizational behavior 2. The student will be able to know organizational behavioral concepts of an individual and its components 3. The student will be able to get more knowledge about group related behavior in an organization 4. The student will be able to learn the various outcomes of organizational process including rewards 5. The student will be able to know modern trends related to psychology in an organization
TRAINING AND DEVELOPMENT	<ol style="list-style-type: none"> 1. The student will be able to know the foundation and importance of training and development 2. The student will be able to provide the assessment to a group about needs and learning objectives in a workplace 3. The student will be able to get more knowledge about various types of training works out in an organization 4. The student will be able to design a training programmes according to the current requirement 5. The student will be able to evaluate the skills of a worker according to the Krikpatrick's evaluation
ADOLESCENT PSYCHOLOGY	<ol style="list-style-type: none"> 1. The student will be able to know the biological development of human being 2. The student will be able to get more understanding on cognition and theoretical process of cognitive development 3. The student will be able to develop a skill of an individual in social context 4. The student will be able to understand the theory behind relationship and culture during adolescent 5. The student will be able to evaluate the online issues and the way to prevent the issues
CBT & REBT	<ol style="list-style-type: none"> 1. The student will be able to objectify the general knowledge of cognitive behavioural therapy 2. The student will be able to get an introduction to ABC model and confronting prejudice of the model 3. The student will be able to develop the cognitive techniques and skills

	<ol style="list-style-type: none"> The student will be able to understand the dysfunctional thoughts and cognitive technique to identify the solutions The student will be able to evaluate the specific problems of REBT
EMOTIONAL MATURITY	<ol style="list-style-type: none"> The student will be able to identify the classifications of emotions and functions of an emotions The student will be able to practice the techniques to handle fear, and other types of emotions The student will be able handle their anger and the reflections of the society The student will be able to handle personal sadness without hurting self and others The student will be able to evaluate the emotional maturity of self and others
POSITIVE PSYCHOLOGY	<ol style="list-style-type: none"> The student will be able to understand nature and assessment of positive psychology The student will be able to understand the positive emotional states and process The student will be able to acquire knowledge of positive cognitive states and processes. The student will be able to understand ways to enhance pro-social behavior. The student will be able to learn to create a positive environment
ORGANIZATIONAL BEHAVIOUR- OPEN ELECTIVE	<ol style="list-style-type: none"> The student will be able to familiarize students about the factors that contribute to achieving organizational effectiveness, at the individual, group and structural level The student will be able to learn theoretical foundations of training and development The student will be able to understand the nature, importance, benefits and methods of training The student will be able to know the various types of training methods in an organizational sector The student will be able to design a module for training designs and helps to understand the instruments of training designs
FIELD PRACTICUM	<ol style="list-style-type: none"> Students will be able to learn, develop and practice counselling skills
PSYCHOTHERAPIES	<ol style="list-style-type: none"> The student will be able to provide theoretical foundation for the practice of psychotherapy

	<ol style="list-style-type: none"> The student will be able to help the trainee counsellors to choose specific techniques for a particular case The student will be able to acquire knowledge about the different schools and techniques in psychotherapy The student will be able to understand the importance of psychotherapy. The student will be able to understand the various therapies and foundations.
PSYCHOPATHOLOGY	<ol style="list-style-type: none"> The student will be able to gain knowledge about abnormal behavior, DSM-IV and ICD- 10 The student will be able to get knowledge about anxiety, panic, schizophrenia and mood disorders The student will be able to understand about the anxiety disorder syndrome. The student will be able to learn about the perspective of theoretical models on depression The student will be able to learn about perspectives of several of models on schizophrenia.
SCHOOL COUNSELLING	<ol style="list-style-type: none"> The student will be able to gain knowledge about school counselling.. The student will be able to acquire skills in education of exceptional children. The student will be able to understand social interaction between teacher – child and moral development The student will be able to know about establishing and maintaining a productive learning environment The student will be able to know about dealing with students misbehaviors
EDUCATIONAL COUNSELLING.	<ol style="list-style-type: none"> The student will be able to at the end of the course the student will be able to Appreciate the need to work with stakeholders of the school milieu The student will be able to Develop and implement strategies required for school guidance and counselling The student will be able to know the way to counsel the parent and the students The student will be able to know the strategic guidelines of counselling the student The student will be able to know process of implementing the counselling process
ADULT, ELDERLY AND	<ol style="list-style-type: none"> The student will be able to offer counselling to the adult and elderly

<p style="text-align: center;">FAMILY COUNSELLING</p>	<ol style="list-style-type: none"> 2. The student will be able to offer pre-marital counselling and Counselling to couples 3. The student will be able to offer the skills and techniques to work as family and couple counselors 4. The student will be able to know the marriage structure of the Indian society 5. The student will be able to know the importance of family counselling and facilitate the counselling the needy
<p style="text-align: center;">BUILDING RELATIONSHIP WITH SELF AND OTHERS</p>	<ol style="list-style-type: none"> 1. The student will be able to end of the course the student will be able to Express self-concept and examine self-esteem through practical exercises 2. The student will be able to Practice interpersonal communication and relationships skills 3. The student will be able to Identify personal and social values 4. The student will be able to Assess conflicts and practice conflict management strategies 5. The student will be able to resolve the interpersonal conflicts
<p style="text-align: center;">INTEGRATIVE TECHNIQUES IN COUNSELLING AND PSYCHOTHERAP Y</p>	<ol style="list-style-type: none"> 1. The student will be able to know the psych-social integration 2. The student will be able to know the cultural richness 3. The student will be able to practice the Indian muttras 4. The student will be able to know the practical knowledge of Muttras 5. The student will be able to know the integrative approaches in Indian context
<p style="text-align: center;">FAMILY COUNSELLING</p>	<ol style="list-style-type: none"> 1. The student will be able to the end of the course the student will be able to Develop insights on the need and practice of family counselling 2. The student will be able to Design family interventions by applying the therapeutic models 3. The student will be able to empirical foundations and implications practices of several therapies 4. The student will be able to draw the family genogram 5. The student will be able to know the unresolved problem management in family and relationship problems
<p style="text-align: center;">SKILLS OF COUNSELLING AND PSYCHOTHERAP Y</p>	<ol style="list-style-type: none"> 1. The student will be able to introduce to the Micro-skill Models Steps of counselling 2. The student will be able to gain knowledge on the facilitative dimensions and action-oriented dimensions of counselling process. 3. The student will be able to understand the body language, emotions and various therapies 4. The student will be able to Possess practical knowledge on presenting problems and diagnosed problems 5. The student will be able to Gain knowledge on the important skills in counselling

RESEARCH
PROJECT

1. To gain research methodology knowledge by undertaking a research project
2. To understand the steps of research by its application
3. To acquire the skills of undertaking a research project
4. To understand the scope of statistics
5. To understand diagrammatic and graphic representation of data.