



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS)

Vaniyambadi, Tirupattur District - 635 751

32 Years of
Educational
Excellence

Recognized u/s 2(f) & 12(B) of UGC Act 1956 | Accredited with "A+" Grade
by NAAC (4th Cycle) | Permanently Affiliated to Thiruvalluvar University |
An ISO 21001:2018 Certified Institution | Supported by DST - FIST



INSTITUTION'S
INNOVATION
COUNCIL
(Ministry of Education initiative)
4 STAR Rating

SCHOOL OF LIFE SCIENCES

IVAN PAVLOV ASSOCIATION OF PG DEPARTMENT OF PSYCHOLOGY ORGANIZES

Workshop on 'Understanding and Supporting Specific Learning Disabilities'

Date : 19.08.2025 | Time : 10.00 am

Venue : Sri Arihanth Seminar Hall

Intra Department Movie Review Competition

Resource Person

Ms. K. Hajira Sulthana., M.Sc., M.Ed.,

Educationalist

Student Counselor, Mind Solutions, Chennai

Lead Consultant, Galaxy Learning Centre, Vaniyambadi

V.Dilip Kumar Jain Anand Singhvi Dr. M. Inbavalli Dr. C. Asokan Ms. M. Ayesha Sabeen
President Secretary Principal Dean, SLS Head

PRINCIPAL

Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751.
Tirupattur District



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous)

(A Project of Sri Marudhar Kesari Jain Trust)

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Vaniyambadi, Tirupattur District

SCHOOL OF LIFE SCIENCES

IVAN PAVLOV ASSOCIATION OF THE PG DEPARTMENT OF PSYCHOLOGY

Organizes

WORKSHOP

On

UNDERSTANDING AND SUPPORTING SPECIFIC LEARNING DISABILITIES

Date : 19.08.2025

Time : 10.00 a.m - 01.00 p.m

Venue : Sri Arihanth Block Seminar Hall

Master of Ceremony: Ms. Sidra Kulsum K P - II B.Sc Psychology

AGENDA

Prayer & Tamil Thaa Vazhthu

Welcome Address

: Ms. Aiman Fathima S T
II B.Sc Psychology, MKJC

Felicitation

: 1. Dr. M.Inbavalli
Principal, MKJC
2. Dr.C.Asokan
Dean, School of Life Sciences, MKJC

Resource Person Introduction

: Ms. Aathika Ruffaida K
II B.Sc Psychology, MKJC

Honoring the Resource Person

: Dignitaries on the Dias

Resource Person Address

: Ms. K. Hajira Sulthana., M.Sc., M.Ed.,
Educationalist
Student Counselor, Mind Solutions, Chennai
Lead Consultant, Galaxy Learning Centre, VNB

About Movie Review

: Ms.Umme Ayman N
III B.Sc Psychology, MKJC

Movie Review Competition

: Participants

Prize Distribution

Vote of Thanks

: Ms. Asin M

I B.Sc Psychology, MKJC

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National Anthem



**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN
(AUTONOMOUS), VANIYAMBADI**



Activity Report

Title	UNDERSTANDING AND SUPPORTING SPECIFIC LEARNING DISABILITIES		
Organized By	PG Department of Psychology		
Type of Activity	Workshop		
Level	Intra Departmental		
Date	19.08.2025	Time	10.00 a.m to 01.00 p.m
Venue	Seminar Hall (Sri Arihanth Block)	Mode	Offline
Resource Person Details	Ms. K.HAJIRA SULTHANA., M.Sc., M.Ed., Educationalist Student Counselor, Mind Solutions, Chennai Lead Consultant, Galaxy learning centre Vaniyambadi		
Objective of the Programme	1.To define the concept of Specific Learning Disabilities (SLDs) and differentiate them from other developmental or intellectual disabilities. 2.To identify the major types of SLDs (e.g., dyslexia, dysgraphia, dyscalculia) and their common signs and symptoms across different age groups. 3.To apply effective classroom accommodations, teaching strategies, and intervention methods to support learners with SLDs. 4.To reflect on the role of educators and community members in fostering an inclusive and supportive learning environment. 5.To demonstrate empathy and inclusive practices to reduce stigma and promote self-esteem among students with SLDs.		
Internal Participants Count	Students : 99 Faculty : 8	External Participants Count	Students : Nil Faculty : Nil

Summary

The Ivan Pavlov Association of the PG Department of Psychology, under the School of Life Sciences of Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi organized a workshop titled '**Understanding and Supporting Specific Learning Disabilities**' on 19.08.2025 between 10.00 a.m - 01.00 p.m in Sri Arihanth Block Seminar Hall. The program begun with the prayer song followed by the invocation to Mother Tamil and Ms.Aiman Fathima S T of II B.Sc Psychology proposed the welcome address. The Dean,

School of Life Sciences, Dr.C.Asokan, felicitated the gathering by insisting the need to understand specific learning disabilities and ways to handle them effectively. Ms.Aathika Ruffaida K of II B.Sc Psychology introduced the resource person for the day, following which the resource person was honored and then the session was then handed over to Ms. K.Hajira Sulthana, Educationalist, Student Counselor, Mind Solutions, Chennai and Lead Consultant, Galaxy Learning Centre, Vaniyambadi.

With her vast experience in counseling and education, she highlighted the importance of early diagnosis, intervention, and effective support strategies towards learning disabilities.

The highlights of the workshop is as follows:

1. Introduction to Learning Disabilities

- Defined learning disabilities as difficulties arising from how the brain processes information.
- Discussed common conditions such as Dyslexia, Dyscalculia, Dysgraphia, ADHD, Auditory Processing Disorder, and Nonverbal Learning Disorder.

2. Types of Specific Learning Disabilities

- **Dyslexia:** Reading, spelling, language processing issues.
- **Dyscalculia:** Difficulties in number sense, arithmetic, and math reasoning.
- **Dysgraphia:** Writing difficulties, poor handwriting, spelling issues, and motor skill problems.
- **Auditory Processing Disorder:** Trouble understanding sounds, speech, and directions despite normal hearing.
- **Nonverbal Learning Disorder:** Challenges in social skills, motor coordination, and visual-spatial understanding.

3. Diagnosis & Assessment Tools

- Wechsler Intelligence Scale for Children (WISC)
- Stanford-Binet Intelligence Scales
- Differential Ability Scales (DAS)
- Dyslexia Assessment for Languages of India (DALI)

4. Myths vs. Facts about Learning Disabilities

- Debunked common misconceptions such as linking LDs to laziness, poor IQ, or bad parenting.
- Emphasized that children with learning disabilities can thrive in mainstream schools and achieve successful careers with proper support.

5. Intervention and Support Strategies

- Educational accommodations (extra time, alternative assessments).
- Psychological and parental support.
- Use of assistive technology.
- Occupational therapy, speech and language therapy, and behavioral interventions.

6. Awareness and Social Support

- Encouraged breaking stereotypes around learning difficulties.
- Shared initiatives from Galaxy Learning Centre, including marathons and awareness programs to promote inclusivity.

The workshop was highly insightful and impactful, leaving participants with a better awareness of learning disabilities and the need for collective efforts in supporting affected individuals. The students interacted with the resource person effectively, got their queries cleared and registered their valuable feed backs regarding the session.

As part of the workshop, an **Intra-Department Movie Review Competition** was conducted, where students analyzed films portraying learning disabilities. This activity helped participants gain a deeper understanding of how media can shape perceptions about disabilities. The competition was judged by Dr. Jesu Jaya Sudhan, Associate Dean - Research, Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi. The top three winners of the competition were awarded with medals and certificates.

Vote of thanks was proposed by Ms. Asin M of I B.Sc Psychology and the program came to an end by singing the National Anthem.

Outcome of the Programme

1. The participants gained clear understanding of the concept, types, and causes of Specific Learning Disabilities (SLDs).
2. The workshop helped the participants to develop increased sensitivity and empathy toward learners with SLDs, fostering a positive and stigma-free classroom environment.
3. The workshop provided the ability to suggest or use basic screening and referral processes for suspected cases.
4. The Participants were able to collaborate effectively with parents, specialists, and other stakeholders to create individualized support plans.
5. The training session increased participants confidence in handling emotionally challenging scenarios.


Head


21/8/22
IQAC Director


Principal
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32 Years of Educational Excellence

IVAN PAVLOV ASSOCIATION OF THE PG DEPARTMENT OF
PSYCHOLOGY
WORKSHOP

Understanding and Supporting Specific Learning Disabilities
Date : 19.08.2025



N. S. Reddy
HOD,
21/8/25

DEAN, SCHOOL OF LIFE SCIENCES

H. S. Reddy
PRINCIPAL

PRINCIPAL

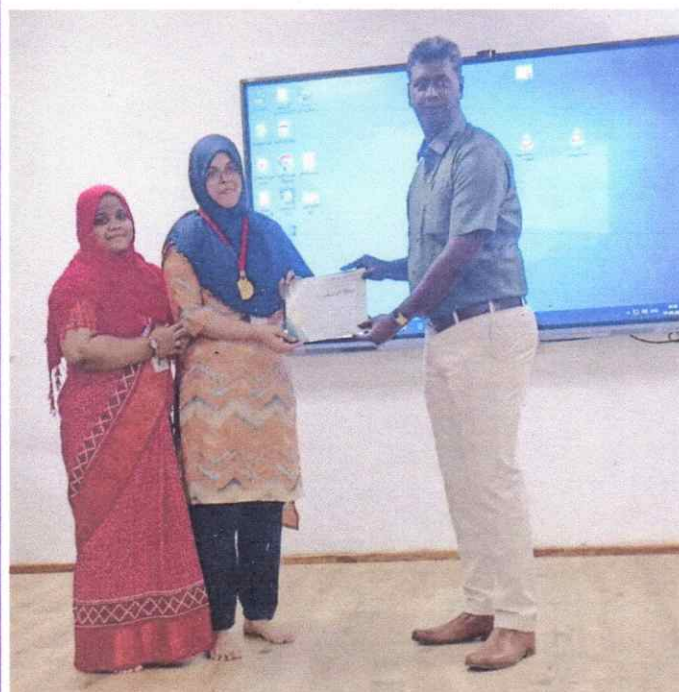
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M. Jyoti
 HOD
 24/08/2025

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N. Jeyaraj
HOD
 21/8/2025

for 21/8/2025
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