DEPARTMENT OF PSYCHOLOGY
PROGRAMME OUTCOMES AND COURSE OUTCOMES OF UNDER GRADUATE & POST GRADUATE PROGRAMME (2024 ONWARDS)

NAME OF THE PROGRAMME: BACHELOR OF PSYCHOLOGY– PROGRAMME OUTCOME	
PO1	**Disciplinary Knowledge:** Capable of demonstrating comprehensive knowledge and understanding of one or more disciplines that forma part of an undergraduate Programme of study.
PO2	**Communication Skills:** Ability to express thoughts and ideas effectively in writing and orally; Communicate with others using appropriate media; confidently share one's views and express herself / himself; demonstrate the ability to listen carefully, read and write analytically, and present complex information in a clear and concise manner to different groups.
PO3	**Critical Thinking:** Capability to apply analytic thought to a body of knowledge; analyse and evaluate evidence, arguments, claims, beliefs on the basis of empirical evidence; identify relevant assumptions or implications; formulate coherent arguments; critically evaluate practices, policies and theories by following scientific approach to knowledge development
PO4	**Problem Solving:** Capacity to extra polate from what one has learned and apply their competencies to solve different kinds of non-familiar problems, rather than replicate curriculum content knowledge; and apply one's learning to real life situations.
PO5	**Analytical Reasoning**: Ability to evaluate their liability and relevance of evidence; identify logical flaws and holes in the arguments of others; analyze and synthesize data from a variety of sources; draw valid conclusions and support them with evidence and examples and addressing opposing viewpoints.
PO6	**Research-related skills**: A sense of inquiry and capability for asking relevant/appropriate questions, problem arising, synthesizing and articulating; Ability to recognize cause-and-effect relationships, define problems, formulate hypotheses, test hypotheses, analyse, interpret and draw conclusions from data, establish hypotheses, predict cause-and-effect relationships; ability to plan, execute and report the results of an experiment or investigation.
PO7	**Cooperation/Teamwork:** Ability to work effectively and respectfully with diverse teams; facilitate cooperative or coordinated effort on the part of a group, and act together as a group or a team in the interests of a common cause and work efficiently as a member of a team.
PO8	**Scientific reasoning**: Ability to analyse, interpret and draw conclusions from quantitative/qualitative data; and critically evaluate ideas, evidence, and experiences from an open-minded and reasoned perspective.
PO9	**Reflectivethinking**: Critical sensibility to lived experiences, with self-awareness sand reflexivity of both self and society.
PO10	**Information/digital literacy:** Capability to use ICT in a variety of learning situations, demonstrate ability to access, evaluate, and use a variety of relevant information sources; and use appropriate software for analysis of data.
PO11	**Self-directed learning**: Ability to work independently, identify appropriate resources required for a project, and manage a project through to completion.
PO12	**Multicultural competence:** Possess knowledge of the values and beliefs of multiple

	cultures and a global perspective; and capability to effectively engage in a multi cultural society and interact respectfully with diverse groups..
PO13	**Moral and ethical awareness/reasoning**: Ability to embrace moral/ethical values in conducting one's life, formulate a position/argument about an ethical issue from multiple perspectives, and use ethical practices in all work. Capable of demonstrating the ability to identify ethical issues related to one's work, avoid unethical behaviour such as fabrication, falsification or misrepresentation of data or committing plagiarism, not adhering to intellectual property rights; appreciating environmental and sustainability issues; and adopting objective, unbiased and truthful actions in all aspects of work.
PO14	**Leadership readiness/qualities:** Capability for mapping out the tasks of a team or an organization, and setting direction, formulating an inspiring vision, building a team who can help achieve the vision, motivating and inspiring team members to engage with that vision, and using management skills to guide people to the right destination, in a smooth and efficient way.
PO15	**Lifelong learning:** Ability to acquire knowledge and skills, including learning how to learn, that are necessary for participating in learning activities throughout life, through self-paced and self-directed learning aimed at personal development, meeting economic, social and cultural objectives, and adapting to changing trades and demands of work place through knowledge/skill development/rescaling.

NAME OF THE PROGRAMME: B.Sc PSYCHOLOGY – COURSE OUTCOMES
SEMESTER I

Core Course - 1 **BASIC** **PSYCHOLOGY- I**	1. Acquire knowledge on the history, methods and special areas in the field of psychology. 2. Explain sensory systems through which information processing happens.. 3. Relate the process of attention to perception and infer how we make sense of the world around us. 4. Gain insight into complex emotional experiences of human being and analyze the experience of self in day to day life . 5. Summarize and point out factors that drive human behaviour.
Core Course - 2 **DEVELOPMENTAL** **PSYCHOLOGY - I**	1. Classify the different stages, dynamics and processes of human development, especially during birth. 2. Explain the significance of development in various domains of infancy . 3. Examine the influence of speech development and socialization during babyhood. 4. Analyze physical development, Language Acquisition, Intellectual and moral Development during childhood stages 5. Explain the personality changes, emotional problems at late childhood
Allied / Generic - 1 **BIOLOGICAL** **PSYCHOLOGY - I**	1. Describe recent research methods and perspectives on the emerging field of behavioural neuroscience. 2. Understand anatomy and functions of the basic cell of the nervous system 3. Explain the process of communication between neurons. 4. Describe the complex orchestrated functioning of the nervous system. 5. Understand the function of endocrine glands and relate the knowledge to understanding various human behaviour.
SEC - 2 **(Major Elective)** **PSYCHOLOGICAL** **FIRST AID**	1. Gain knowledge about the signs and symptoms of psychological distress. 2. Learn basic crisis intervention techniques to provide immediate support to individuals in crisis situations. 3. Develop an understanding of cultural differences in coping mechanisms and responses to trauma. 4. Develop empathy and learn active listening skills to deal with those with psychological crisis. 5. Explore ethical considerations related to providing psychological first aid.
SEC - 1 (NM) **PERSONALITY** **DEVELOPMENT**	1. Describe the benefits of understanding oneself for leadership development. 2. Enumerate human values, ethics, and their importance in becoming a role model. 3. Explain the benefits of having strong interpersonal skills. 4. Elucidate the importance of stress management for overall well-being. 5. Acquire skills for effective time management in personal and professional life.

Foundation Course - 1 **PSYCHOLOGY FOR EFFECTIVE LIVING**	1. Differentiate between self-concept, self-image, ideal self, and multiple selves. 2. Apply learned techniques to overcome challenges and obstacles in personal growth and development. 3. Identify strategies for aligning personal motives with aspirations and managing emotional responses effectively. 4.Analyze the process of impression formation and its significance in social interactions and relationship development. 5. Explore the potential for personal growth and resilience through effective stress management techniques.

	NAME OF THE PROGRAMME: MASTER OF PSYCHOLOGY – PROGRAMME OUTCOME
PO1	**Critical Thinking skills**: Ability to substantiate critical reading of text books and research article and also to review in order to make analytical assessments while comprehending them in terms of both generic understanding and contextual study.
PO2	**Individuals as Assets:** To be academically honest, intellectually curious, ethically responsible, professionally competent and spiritually inspiring citizens. Strive for social and economic equity based on the need for gender parity and ecological sustainability.
PO3	**Leadership readiness/qualities:** Strengthen personal integrity and develop soft skills such as effective communication, teamwork, flexibility, and leadership.
PO4	**Academic Excellence:** Being a member of the academic community with advanced discipline- specific knowledge and professional skills in the relevant field with the prowess to communicate complex ideas and to engage in current critical debates with all sensitivity and fairness.
PO5	**Higher order Thinking skills:** Ability to think, analyze, evaluate, create new knowledge and skills both in the chosen discipline and across other fields.
PO6	**Subscription to Quality Research:** Ability to design and carry out independent research embedded in multidisciplinary perspective, to update oneself with current research trends and contemporary inputs in the discipline and to evaluate research contributions..
PO7	**Lifelong learning:** Ability to learn, unlearn, and relearn knowledge and skills in the emerging areas of the field of specialization. Contribute to the advancement and application of relevant knowledge by self-directed learning.
PO8	**Continuous Professional development:** Ability to continuously develop oneself professionally and to critically improve one's self with a view to taking appropriate decisions in diverse professional and real-life environment
PO9	**Ethics:** Ability to be socially sensitive and responsible citizens, with a tolerance to cultural difference and diversity, so as to engage in ethically informed practice.Exercise management skills and develop social interactions in a responsive, ethical and constructive way to meet global standards of excellence in all spheres of activity.
PO10	**Positive Psychology and Well-being**: Apply principles of positive psychology to enhance well-being, cultivate positive emotions, foster resilience, and promote flourishing in personal and professional life.
PO11	**Stress Management and Self-Care**: Develop personalized stress management techniques and self-care practices informed by psychological research to maintain balance, prevent burnout, and prioritize self-careamidst life's demands.
PO12	**Growth Mindset**: Cultivate a growth mindset and a commitment to lifelong learning, embracing challenges, seeking feedback, and continuously expanding knowledge and skills to adapt to change and achieve personal and professional growth.
PO13	**Creativity and Innovation**: Harness creative thinking techniques grounded in cognitive psychology to generate novel ideas, solve complex problems, and drive innovation in personal and professional endeavors.

PO14	**Digital Well-being and Technology Management**: Apply principles of cyber psychology to cultivate healthy technology habits, manage digital distractions, and promote well-being in an increasingly digital world.
PO15	**Cultural Competence and Diversity Awareness**: Recognize and appreciate cultural diversity, equity, and inclusion, applying principles of cultural psychology to engage respectfully and effectively with individuals from diverse backgrounds.

NAME OF THE PROGRAMME: MASTERS IN PSYCHOLOGY – **COURSE OUTCOMES**	
SEMESTER –I	
Core Course 1 - ADVANCED GENERAL PSYCHOLOGY	1.Understand the basic concepts of Psychology with relation to research methods. 2. Describe the structure and function of neurons as the building blocks of the nervous system. 3.Analyze the principles and mechanisms of sensation and perception, including perceptual organization and the plasticity of perception. 4. Describe the basis of consciousness, biological rhythms, learning and its various forms (classical conditioning, operant conditioning, observational learning) and their impact on behavior. 5. Compare and contrast influential theories of human memory and memory distortion.
Core Course 2 - RESEARCH METHODS AND APPLIED STATISTICS	1. Describe the need and elements of research, research approaches and steps to define a research problem. 2. Understand the concepts of sampling and hypothesis formulation. 3. Apply knowledge for the selection of appropriate research design. 4. Elucidate the statistical approaches and statistical tools in research formulation. 5. Draft a research report with adherence to reference styles.
Core Course 3 - THEORIES OF PERSONALITY	1. Understand the nature and perspective of personality and how it emerged as a significant concept of psychology 2. Classify and compare various personality theories with Psychodynamic approaches.. 3. Explain a critical understanding of personality through various Western approaches including type and trait, psychoanalytic,

	socio-cognitive, and humanistic and contemporary theories.
	4. Apply different personality theory's perspectives by engaging students in a discussion about the everyday applications of various personality theories.
	5. Adapt to apply principles of personality theories with positive approach towards counseling practices.
Elective Course 1 - DEVELOPMENTAL PSYCHOLOGY I	1.Demonstrate a broad working knowledge of developmental psychology by providing an overview of basic principles related to biosocial, cognitive and psychosocial changes throughoutthe entire lifespan. 2. Analyze physical development, Language Acquisition, Intellectual and moral Development during childhood stages 3.Explain the emotional problems at childhood and adolescence. 4. Describe Parenthood, Career planning, Intimate relationship and personal life styles,various Personality and Social issues during young adulthood 5.Discuss the Physical changes and adjustment aspects during the old age.
Elective Course – 2 POSITIVE PSYCHOLOGY	1.Summarize the foundations and goals of positive psychology. 2. Describe different perspectives on happiness, evaluate the factors contributing to happinessand happiness across life span. 3. Employ the knowledge of the dynamic nature of human emotions in promoting the a quality of life among individuals in the society. 4. Discuss and apply principles of compassion, forgiveness, gratitude, empathy, and resilience to enhance interpersonal relationships and overall well-being. 5.Demonstrate efficiency in using positive Psychology oriented therapeutic techniques in the context of family, work and community.
Ability Enhancement Compulsory Course 1 - INTERPERSONAL AND COMMUNICATION SKILLS	1. Express self-concept and examine self-esteem through practical exercises 2. Demonstrate effective verbal and non-verbal communication skills in various interpersonal conflicts. 3. Analyze the various factors that contribute to the formation, maintenance and dissolution of close relationships.

	4. Understand the need for critical thinking skills, thereby enabling them to evaluate different perspectives on meaning and values. 5. Learn strategies to prevent conflicts before they escalate and develop emotional intelligence skills to manage their emotions during conflict situations.
Value Education - 1 **HUMAN RIGHTS**	1. The student will be able to know the nature of human rights its origin, the theories, the movements in the march of human rights and the facets of future of human rights. 2. The student will be able to know the international dimension of human rights, the role of UN and the global effort in formulating conventions and declarations. 3. The student will be able to Perceive the regional developments of human rights in Europe , Africa and Asia and the enforceable value of human rights in international arena. 4. The student will be able to have knowledge on the human rights perspectives in India, more developed by its constitution and special legislations. 5. The student will be able to know the redressal mechanism made available in case of human rights violation confined to India.