



## MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI

(A Project of Sri Marudhar Kesari Jain Trust)

Recognized u/s 2(f)& 12(B) of UGC Act 1956 Permanently Affiliated to Thiruvalluvar University

Re-Accredited with "A" Grade by NAAC (3<sup>rd</sup> Cycle) An ISO 21001:2018 Certified Institution

### PG & RESEARCH DEPARTMENT OF FOODS & NUTRITION

#### EXTENSION ACTIVITY PHOTOS – 07.02.2023



  
**PRINCIPAL**  
Marudhar Kesari Jain College  
for Women  
Vaniyambadi - 635 751.



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### PG & RESEARCH DEPARTMENT OF FOODS & NUTRITION

#### REPORT ON EXTENSION ACTIVITY

07.02.2023

A report on "Extension Activity" 07.02.2023 conducted by PG & Research Department of Foods & Nutrition, MKJC at Pudurnadu, Tirupattur District.

55 Students along with 2 Staff reached to the activity place by 10.00 am. Ms. Sangeetha, School Teacher, Government School, Pudurnadu, received us. After assembling the School Students of 8<sup>th</sup> standard and 9<sup>th</sup> standard, we gave awareness program on "General Hygiene and Nutrition". Our college students spoke about healthy eating habits, importance of nutrition, personal hygiene and good and bad foods. The Students of II M.Sc Foods and Nutrition performed Puppet show and Skit on the topic "Old Generation and New Generation Life Style". The Students of III B.Sc NFSM&D gave a talk on maintaining good habits in day to day life.

The II M.Sc Foods & Nutrition students conducted community nutrition survey and collected required details from the students using Anthropometric measurement and by registering their food habits. Following lunch we left the school premises by 2.00 pm.

HEAD OF THE DEPARTMENT

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