



MARUDHAR KESARI JAIN
COLLEGE FOR WOMEN
(AUTONOMOUS)

Vaniyambadi, Tirupattur DT - 653 751

Recognized u/s 2(F) & 12(B) of UGC Act 1956 | Accredited with "A+" Grade by NAAC (4th Cycle) | Permanently Affiliated to Thiruvalluvar University | Supported by DST - FIST



INSTITUTION'S
INNOVATION
COUNCIL
(Ministry of HRD Initiative)
4 STAR Rating



Department of Biotechnology & Microbiology

Organizes

EXTENSION ACTIVITY

Date : 03.02.2026

Time : 10.30 am

**Venue : Girisamuthiram Village,
Vaniyambadi**

Activity

- Health Awareness Programme on Haemoglobin Level

PRINCIPAL

Marudhar Kesari Jain College
for Women (Autonomous)

Vaniyambadi - 653 751.
Tirupattur District

V. Dilip Kumar Jain
President

Anand Singhvi
Secretary

Dr. M. Inbavalli
Principal

Dr. M. Gomathi
Head



MARUDHAR KESARI JAIN
COLLEGE FOR WOMEN (AUTONOMOUS), VANIAMBADI

Activity Report

Name of the College	Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi
Title of the Programme / Event	Health Awareness Programme on Haemoglobin Level for the Public People at Girisamudhiram
Organized By Department / Club	PG and Research Department of Biotechnology and Microbiology
Alignment of this Programme with	SDGs <input type="checkbox"/> Viksit Bharat 2047 <input type="checkbox"/> State /National Schemes <input type="checkbox"/> NEP 2020 <input type="checkbox"/> Others <input type="checkbox"/>
Mode	Off line
Type of Activity	Extension Acitivity
Level	Insitutional
Date	03.02.2026

Summary Report

The **Department of Biotechnology and Microbiology, Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi**, conducted a **Health Awareness Programme on Haemoglobin Level at Girisamuthiram Village** on **03.02.2026**.

The programme aimed to create awareness among the villagers, especially women, about the **importance of haemoglobin**, causes and symptoms of anaemia, and methods to prevent low haemoglobin levels. The significance of **balanced nutrition, iron-rich foods, and healthy lifestyle practices** was clearly explained.

Faculty members and students actively participated in the programme by sharing health-related information in a simple and understandable manner and by interacting with the villagers. **Four students, D. Nithya, R. Rakshitha, S. Sridevi, and A.Vaishnavi**, played an active role in creating awareness on haemoglobin levels. They explained the importance of iron-rich diets, common symptoms of anaemia, and the need for regular haemoglobin testing. Awareness on **regular health check-ups and personal hygiene** was also provided. The programme was successfully organized and proved to be **beneficial to the villagers** by improving their understanding of health and nutrition.

Participants Count : 30

Faculty 01 Students 29

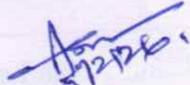
Learning Outcome of the Program

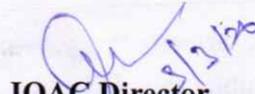
Participants gained awareness about the **importance of haemoglobin** for good health.

- Improved understanding of **causes, symptoms, and prevention of anaemia**.
- Participants became aware of their own **haemoglobin status**.

- Increased knowledge about **iron-rich foods and balanced nutrition**.
- Motivation to follow **healthy dietary and lifestyle practices**.
- Encouragement for **regular haemoglobin testing and health check-ups**.
- Enhanced focus on **women's health awareness** in the village.
- Better interaction between **students, faculty, and community members** with the public and health education. Overall, it created health awareness and social responsibility toward community well-being.


HOD


Dean


IQAC Director


Principal

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Vaniyambadi - 635 751.
Tirupattur District



**MARUDHAR KESARI JAIN
COLLEGE FOR WOMEN (AUTONOMOUS),
VANIYAMBADI**

**Extension Activity- Health Awareness Programme on Haemoglobin Level
(03.02 2026)**



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5/2/26
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