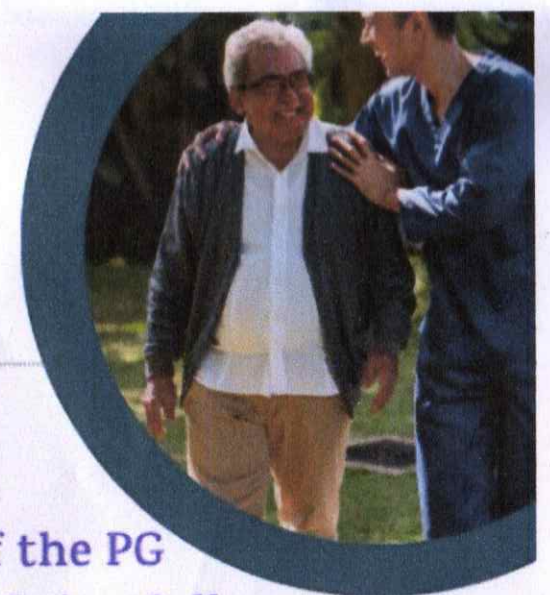




MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (AUTONOMOUS), VANIYAMBADI

- Recognized u/s 2(f) & 12(B) of UGC act 1956
- Permanently Affiliated to Thiruvalluvar University
- Supported by DST-FIST I DBT STAR College Scheme



National Service Scheme (NSS)

&

**School of Life Sciences - Ivan Pavlov Association of the PG
Department of Psychology and Mental Health & Well Being Cell**

In association with

**Social Welfare and Women Empowerment Department, Govt of
TamilNadu**

Join Hands to celebrate

INTERNATIONAL DAY OF OLDER PERSONS

THEME: "CELEBRATING AGE, HONOURING WISDOM, CHERISHING LIFE"



**VENUE: SOCIETY FOR RURAL
DEVELOPMENT PROMOTION SERVICES
(OLD AGE HOME), PACHAL, TIRUPATTUR**



DATE: 01/10/2026



TIME: 10:30 A.M

PRINCIPAL

**Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751
Tirupattur District**

ALL ARE cordially INVITED

**Sri. V. DILIP KUMAR JAIN
PRESIDENT**

**PRANAND SINGHVI
SECRETARY**

**Dr. M. INBAVALLI
PRINCIPAL**



சமூக நலன் மற்றும் மகளிர் உரிமைத்துறை
திருப்பத்தூர் மாவட்டம்



SRDPS - முதியோர் இல்லம் இணைந்து நடத்தும்

சர்வதேச முதியோர் தினம் - 2026

அழைப்பிதழ்

மதிப்பிற்குரியவர்களுக்கு,

SRDPS - முதியோர் இல்லம் சார்பில் சர்வதேச முதியோர் தினம் - 2026
என்பதனை முன்னிட்டு நடைபெறும் நிகழ்ச்சியில் தங்களை அன்புடன்
அழைக்கிறோம்.



நாள் : 01.10.2026
(வியாழக்கிழமை)



நேரம் : 10.00 காலை



இடம் : SRDPS,
பாச்சல், திருப்பத்தூர்



சிறப்பு விருந்தினர்

திரு. V.நல்ல சிவன்.,

இ. ஆ. ப,
மாவட்ட ஆட்சியர், திருப்பத்தூர் மாவட்டம்.

நிகழ்ச்சி நிரல்

- | | | | |
|----|--|---|---|
| 1 | குத்துவிளக்கேற்றுதல் | : | |
| 2 | வரவேற்புரை | : | N.தமிழரசி, இயக்குநர், SRDPS. |
| 3 | சிறப்பு விருந்தினர் மரியாதை செய்தல் | : | மாவட்ட சமூக நல அலுவலர் |
| 4 | வாழ்த்துரை | : | மாவட்ட சமூக நல அலுவலர் |
| 5 | CAKE CUTTING CELEBRATION | : | |
| 6 | முதியோர் இல்ல பயனாளிகளின் நிகழ்ச்சி | : | YOGA |
| 7 | முதியோர் உடல் நலம் மற்றும் பராமறிப்பு
பற்றும் கருத்தரங்கம் | : | திரு.அருள்தாஸ்,
மகளிர் மற்றும் குழந்தைகள் நல மையம்,
திருப்பத்தூர். |
| 8 | சிறப்பு விருந்தினர் வாழ்த்துரை | : | மாவட்ட ஆட்சியர்,
திரு. V.நல்ல சிவன்., இ. ஆ. ப,
திருப்பத்தூர் மாவட்டம். |
| 9 | முதியோர்க்கான மரியாதை செலுத்தல் -
ஊட்டச்சத்து பொருட்கள் வழங்குதல் | : | ஊட்டச்சத்து பொருட்கள் |
| 10 | முதியோர் நலம் விதி நாடகம்,
நடனம் மற்றும் பாடல் | : | ஜெயின் கல்லூரி மாணவிகள் |
| 11 | மருத்துவ முகாம் | : | டாக்டர். நிவேதிதா மற்றும் குழுவினர் |
| 12 | நன்றியுரை | : | சமூக பணியாளர், SRDPS. |

“முதியோரை மதிப்போம்...

அவர்களின் அனுபவம் நம் சமூகத்தின் பொக்கிஷம்...”



PRINCIPAL
Marudhar Kesari Jain College
for Women (Autonomous)
Vanlyambadi - 635 751,
Tirupattur District

MARUDHAR KESARI JAIN
COLLEGE FOR WOMEN (AUTONOMOUS), VANIYAMBADI

Activity Report

SUMMARY REPORT

TOPIC / SUBJECT OF THE ACTIVITY

The National Service Scheme (NSS), Ivan Pavlov Association of the PG Department of Psychology under the School of Life Sciences, and the Mental Health and Well-Being Cell of Marudhar Kesari Jain College for Women (Autonomous), Vaniyambadi, in collaboration with the Social Welfare and Women Empowerment Department, Government of Tamil Nadu, jointly organized the **International Day of Older Persons Celebration** under the theme **“Celebrating Age, Honouring Wisdom, Cherishing Life.”** The programme was held at the Society for Rural Development Promotion Services (SRDPS) Old Age Home, Pachal, Tirupattur, on 01.10.2026, in commemoration of the International Day of Older Persons. A total of 26 students from the PG Department of Psychology, PG and Research Department of English, and Department of Artificial Intelligence, accompanied by two faculty members, actively participated in the celebration. The celebration was graced by the presence of the **Special Invitee, Thiru. V. Nalla Sivan, I.A.S., District Collector, Tirupattur District**, who presided over the programme.

OBJECTIVES (INPUT):

The International Day of Older Persons Celebration – 2026 was organized with the following objectives:

1. To recognise and celebrate the dignity, contributions and valuable experiences of older persons in society.
2. To promote awareness of physical health, nutrition, mental well-being and healthy ageing among older persons.
3. To create awareness about government welfare schemes and support services available for older persons.
4. To encourage social inclusion, respect and meaningful participation of older persons in community life.

5. To promote intergenerational interaction through cultural activities and student participation.

METHODOLOGY (PROCESS):

The celebration was conducted through a series of awareness, wellness, cultural and community-support activities. The programme commenced with a **welcome address**, followed by the **special guest felicitation and address** by the District Collector. The celebration included **cake cutting and greetings** to honour the older persons.

A **Yoga session** was conducted to encourage physical activity, relaxation and healthy ageing. An awareness session on **physical health, nutrition and preventive care** was organised to sensitise participants about maintaining their well-being.

The programme also included the distribution of welfare assistance and support materials to eligible beneficiaries. Students from the PG and Research Department of English presented a vibrant dance performance, while students from the PG Department of Psychology staged a meaningful skit highlighting the importance of older persons in nurturing family bonds and fostering intergenerational relationships. These cultural performances created opportunities for meaningful interaction between the younger and older generations, while promoting respect, affection and appreciation for older persons.

A **medical camp** was conducted to provide basic health-related services and guidance to the participating older persons. The programme concluded with a **vote of thanks** by the organizers.

OUTPUT:

- International Day of Older Persons was commemorated through a structured community-based programme.
- Older persons were recognized and felicitated for their presence and contribution to society.
- Participants received awareness on **yoga, health, nutrition and preventive care**.
- Welfare assistance/support materials were distributed to eligible beneficiaries.
- A medical camp provided basic health-related support and guidance.
- Students participated in cultural activities, promoting intergenerational interaction.

OUTCOMES:

Enhanced awareness of healthy ageing: The yoga, health and nutrition sessions encouraged participants to pay greater attention to physical well-being and preventive health practices.

Promotion of social and emotional well-being: The celebration provided older persons with opportunities for social interaction, recognition and participation in community activities.

Improved awareness of welfare support: Distribution of assistance and interaction with the Social Welfare Department helped strengthen awareness of available support mechanisms.

Intergenerational engagement: Student participation in cultural activities created opportunities for positive interaction between younger people and older persons.

Greater emphasis on inclusion: The programme reinforced the importance of respecting the dignity, rights and participation of older persons within the community.

CONCLUSION

The International Day of Older Persons Celebration – 2026 served as a meaningful platform to recognise the dignity, experiences and contributions of older persons while addressing aspects of their health, welfare and social inclusion. The combination of yoga, health and nutrition awareness, welfare assistance, medical support and intergenerational cultural activities created a holistic community-oriented programme. The initiative contributed particularly to **SDG 3 (Good Health and Well-being)**, **SDG 10 (Reduced Inequalities)** and **SDG 11 (Sustainable Cities and Communities)** by promoting healthy ageing, inclusion, social participation and a supportive environment for older persons.

Participants Count :

Internal Participants : **Faculty : 2; Students: 26**

External Participants : **Delegates: - ; Students : -**


HOD


Dean


IQAC Director


Principal

PRINCIPAL
Marudhar Kesari Jain College
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Maniyambadi - 635 751.
Tirupattur District

MARUDHAR KESARI JAIN COLLEGE FOR WOMEN (Autonomous)

VANIYAMBADI

National Service Scheme, School Of Life Sciences

Ivan Pavlov Association Of The Pg Department Of Psychology,
Mental Health & Well - Being Cell

In Collaboration With

Social Welfare And Women Empowerment Department, Govt of Tamil Nadu
Organized

International Day Of Older Persons Celebration

"Celebrating Age, Honouring Wisdom, Cherishing Life"

@Society For Rural Development Promotion Services (Old Age Home),
Pachal, Tirupattur

Date : 01.10.2026



Pachchal, Tamil Nadu, India

437, Pasumai Nagar, Paremasan Nagar,
Achamangalam, Pachchal, Tamil Nadu 635602, India
Lat 12.507736° Long 78.563868°
Thursday, 01/10/2026 11:14 AM GMT +05:30

[Signature]
HOD

[Signature]
DEAN, SLS

[Signature]
IQAC DIRECTOR

[Signature]
PRINCIPAL

PRINCIPAL
Marudhar Kesari Jain College
for Women (Autonomous)
Vaniyambadi - 635 751.
Tirupattur District



M. S. S. S.
HOD

V. S. S.
DEAN, SLS

Q. S. S.
IQAC DIRECTOR

Q. S. S.
PRINCIPAL

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Tirupattur District