



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN VANIYAMBADI
(A Project of Sri Marudhar Kesari Jain Trust)

Recognized u/s 2(f) & 12(B) of UGC Act 1956 Permanently Affiliated to Thiruvalluvar University Re-Accredited with "A" Grade by NAAC (3rd Cycle) An ISO 9001:2015 Certified Institution



DEPARTMENT OF NUTRITION, FSM & DIETETICS
ORGANIZES
STATE LEVEL WEBINAR ON HEALTHY EATING PATTERN- 10.07.2021

INVITATION



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VANIYAMBADI**
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An ISO 9001:2015 Certified Institution
Marudhar Nagar, Chinnakallupalli, Vaniyambadi-635751

DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS
Invites you to
STATE LEVEL WEBINAR
on
HEALTHY EATING PATTERN



DR. PREETHI RAJ,
CO-FOUNDER AND CHIEF NUTRITIONIST,
WOOTU NUTRITION & WEIGHTLOSS CLINIC,
CHENNAI
July 10, 2021
11AM - 12PM



**Admissions open for
the Academic Year
2021-2022**
Admissions Link :
www.mkjc.in



Live on Zoom and Youtube
No Registration fees
E- certificate will be provided
Registration link:
<https://forms.gle/bRkCyk2VKtLMyg3F9>

SRI. C. LICKMICHAND JAIN **Dr. M. INBAVALLI**
Secretary **Principal**

Ms. R. MAHALAKSHMI
**Head of the Department &
Convenor**
MOBILE: 8144119749


PRINCIPAL
Marudhar Kesari Jain College
for Women
Vaniyambadi - 635 751.



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AGENDA



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI

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Marudhar Nagar, Chinnakallupalli, Vaniyambadi.



DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT & DIETETICS

Organizes

ONE DAY STATE LEVEL WEBINAR

on

"HEALTHY EATING PATTERN"

Agenda

Date: 10-07-2021

INAUGURAL SESSION

PRAYER

WELCOME ADDRESS

Dr. R. SHOBANA DEVI

Assistant Professor

Department of Nutrition, FSM & Dietetics

MKJC

FELICITATION

Dr. M. INBA VALLI

Principal, MKJC.

CHIEF GUEST INTRODUCTION

Ms. R. MAHALAKSHMI

Head Department of Nutrition, FSM & Dietetics

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**DEPARTMENT OF NUTRITION, FSM & DIETETICS
ORGANIZES
STATE LEVEL WEBINAR ON HEALTHY EATING PATTERN –10.07.2021**

REPORT –10.07.2021

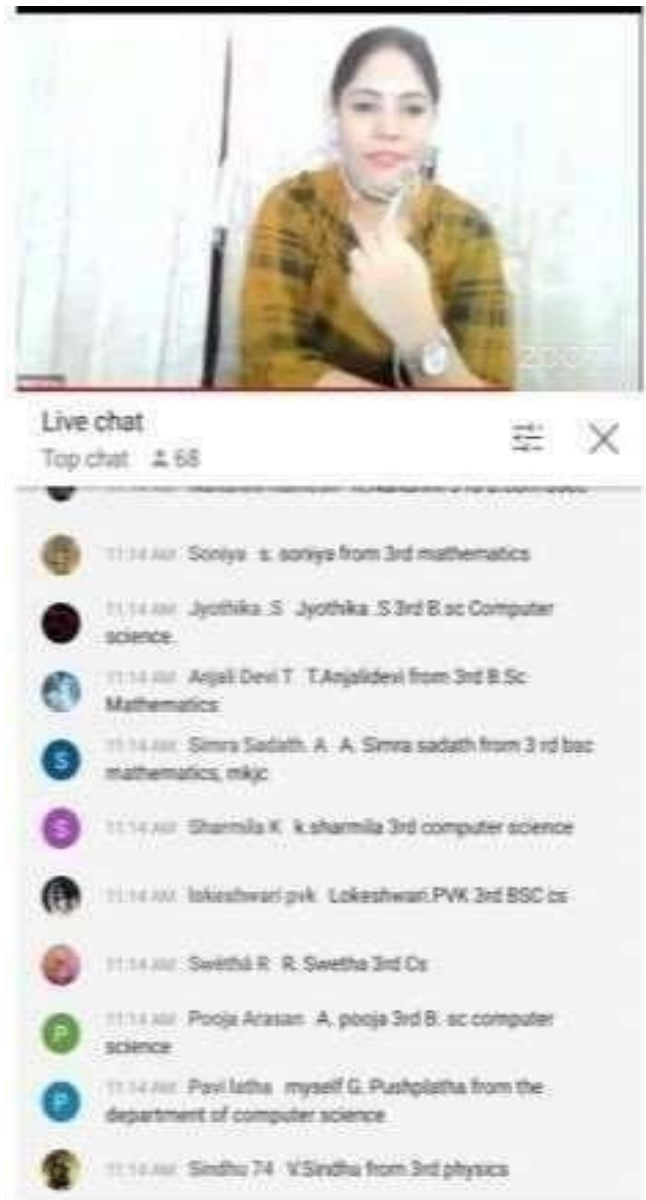
Department of Nutrition, FSM and Dietetics, Marudhar Kesari Jain College for Women, Vaniyambadi has organized a state level webinar on "HEALTHY EATING PATTERN" on 10.07.2021 in Zoom and streamed live in Youtube. In total 100 participants joined and benefitted by the webinar. The state level webinar on "Healthy Eating pattern" started at 11 am and was hosted by Ms. M. Hajira Kouser, Assistant Professor, Department of Nutrition, FSM and Dietetics. The program began with the blessings of Almighty and Dr. R. Shobana Devi, Assistant Professor, Department of Nutrition, FSM and Dietetics delivered welcome Address. Following the welcome Address, Ms. R. Mahalakshmi, Head, Department of Nutrition, FSM and Dietetics introduced the Chief guest to the gathering. Followed, Dr.

M. Inbavalli, Principal, felicitated and welcomed the gathering. After the felicitation, Dr. Preethi Raj, Chief Nutritionist and Co-Founder of Wootu Nutrition and Weightloss Clinic, Chennai, the chief guest of the webinar presented on the healthy eating pattern especially the nutritional transformation during and after the pandemic era and she also highlighted the importance of nutrition in pandemic and shared few tips to healthy eating. The complete session was informative and helped everyone imbibe knowledge about the eating pattern. Finally, the vote of thanks was proposed by Ms. G. Pooja Jain, Assistant Professor, Department of Nutrition, FSM and Dietetics and concluded with National Anthem.

HEAD OF THE DEPARTMENT

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PHOTOS




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