

MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI PG DEPARTMENT OF PSYCHOLOGY BRIDGE COURSE SYLLABUS (2023-2024) FUNDAMENTALS OF PSYCHOLOGY



OBJECTIVES

- To help the students to understand the mental processes to begin with psychology introduction and career opportunities in psychology up to how it results in thoughts and communication.
- ➢ To help the students gather knowledge about the structural and functional dynamics of each of the mental processes and their interconnectedness.

UNIT -1: PSYCHOLOGY

Introduction- Psychology as a science – evaluation of psychology- Importance and scope of psychology- Levels of Explanation in Psychology- the Challenges of Studying Psychology - Research methods of Psychology.

UNIT-2: EMOTIONS

Definition-categories of emotions - Types of Emotions- Key Elements of Emotionsfunctions of emotions - Why do we have Emotions?

UNIT-3: STRESS WELL-BEING

How is stress related to well-being? - Signs of Stress- Causes of Stress- Questionnaire for Managing Stress and Well-being

UNIT-4: CURRENT TRENDS IN PSYCHOLOGY

Growing Demand for Mental Health Services - Increased Awareness of Mindfulness -Integration of AI Advancements - Education in Psychology - the pandemic era has changed attitudes toward science and mental health

UNIT-5 CAREER OPPURINITY IN PSYCHOLOGY

What Can You Do With a Psychology Degree? - Typical Psychology Careers- Psychology careers in Healthcare and Therapy- Psychology Career in Education- Psychology Career in Research

EXPECTED OUTCOMES

- > Understand significant aspects of social behavior as resulting in happiness, wellbeing and personal growth
- > Understand the significance of emotion and motivation in behavior management.
- Understand the structural and functional properties of psychological concepts and the way it helps thought, communication, problem solving and decision making through development of concepts, ideas, images, and so on.

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PG Department of Psychology

Bridge course 2023-2024 Time Table FUNDAMENTALS OF PSYCHOLOGY

Day order	I	п	III	IV	v	VI
1.	Major Ms.Archana	Major Ms.Manju sree	Communicative English	Sports	Communicative English	Stress
2.	Major Ms.Athiya	Major Ms.Archana	Communicative English	Sports	Communicative English	Personality
3.	Major Ms.Manju sree	Major Ms.Athiya	Communicative English	Sports	Communicative English	Nutrition
4.	Major Ms.Archana	Major Ms.Manju sree	Communicative English	Sports	Communicative English	Counseling
5.	Major Ms.Athiya	Major Ms.Archana	Communicative English	Sports	Communicative English	Nutrition

NAME OF THE HANDLING STAFF

- 1.Introduction to psychology MS.S.Athiya
- 2.Emotions MS.R.Manju sree
- 3.Stress Wellbeing MS.R.Manju sree
- 4.Current trends in Psychology MS.M.Archana
- 5.Career Oppurtunities Ms.M.Archana

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Bridge Course Attendance



Years of Educational Excellence...

Department :PSYCHOLOGYAcademic Year :2023-2024Class:I BSC PSYCHOLOGYCourse Name:FUNDAMENTALS OF PSYCHOLOGY

	Name of the Student	Signature					
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Marudhar Kesari Jain College for Women, Vaniyambadi Bridge Course Feedback



Department : PSYCHOLOGY Academic Year :2023-2024 Class: I BSC PSYCHOLOGY Course Name: FUNDAMENTALS OF PSYCHOLOGY

S.No	Name of the Student	Feedback
1	M Afifa Fathima	I got a chance to learn more into about Psychology and also the interaction parts was great
2	Alina Nadeem	All the classes were goed 2 I got to know the basics of picychology 1 all other subject
3	C Mehek Aujum	We gotta chance to service the grammer and get a the grammer and get a chance to Learn english fluently
4	B . Zoya Afsheen	I understand basic Concept of Psychology & J enjoyed my bridge course, seminal classes.
5	A. Zehewa Swada	I got a Chance to recall granmar and I learnt basic of Prychology Very much.
6	M. Khoisennisa	of Prychology Very much. I have get clear idea about psychology and the other subjects too.

7	Haadiga learam. N	got to learn basies of fingehology and i recalled my grammar.
8	B.A. Manisha Dovi	I learned basic about psychology & I learned how to communicate
9	k. Nandhini	I easily learned the basile concepts of psychology.
10	Bremathie. M	I learn the basic concepts In psychology and be friendly with staffs.

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Class Incharge

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