



**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN,
VANIYAMBADI**



**PG DEPARTMENT OF PSYCHOLOGY
BRIDGE COURSE SYLLABUS (2023-2024)
FUNDAMENTALS OF PSYCHOLOGY**

OBJECTIVES

- To help the students to understand the mental processes to begin with psychology introduction and career opportunities in psychology up to how it results in thoughts and communication.
- To help the students gather knowledge about the structural and functional dynamics of each of the mental processes and their interconnectedness.

UNIT -1: PSYCHOLOGY

Introduction- Psychology as a science – evaluation of psychology- Importance and scope of psychology- Levels of Explanation in Psychology- the Challenges of Studying Psychology - Research methods of Psychology.

UNIT-2: EMOTIONS

Definition-categories of emotions - Types of Emotions- Key Elements of Emotions- functions of emotions - Why do we have Emotions?

UNIT-3: STRESS WELL-BEING

How is stress related to well-being? - Signs of Stress- Causes of Stress- Questionnaire for Managing Stress and Well- being

UNIT-4: CURRENT TRENDS IN PSYCHOLOGY


Growing Demand for Mental Health Services - Increased Awareness of Mindfulness - Integration of AI Advancements - Education in Psychology - the pandemic era has changed attitudes toward science and mental health

UNIT-5 CAREER OPPURINITY IN PSYCHOLOGY

What Can You Do With a Psychology Degree? - Typical Psychology Careers- Psychology careers in Healthcare and Therapy- Psychology Career in Education- Psychology Career in Research

EXPECTED OUTCOMES

- Understand significant aspects of social behavior as resulting in happiness, well-being and personal growth
- Understand the significance of emotion and motivation in behavior management.
- Understand the structural and functional properties of psychological concepts and the way it helps thought, communication, problem solving and decision making through development of concepts, ideas, images, and so on.


HOD 22/6/23


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PG Department of Psychology


Bridge course 2023-2024 Time Table

FUNDAMENTALS OF PSYCHOLOGY

Day order	I	II	III	IV	V	VI
1.	Major Ms.Archana	Major Ms.Manju sree	Communicative English	Sports	Communicative English	Stress
2.	Major Ms.Athiya	Major Ms.Archana	Communicative English	Sports	Communicative English	Personality
3.	Major Ms.Manju sree	Major Ms.Athiya	Communicative English	Sports	Communicative English	Nutrition
4.	Major Ms.Archana	Major Ms.Manju sree	Communicative English	Sports	Communicative English	Counseling
5.	Major Ms.Athiya	Major Ms.Archana	Communicative English	Sports	Communicative English	Nutrition

NAME OF THE HANDLING STAFF

- 1.Introduction to psychology – MS.S.Athiya
- 2.Emotions – MS.R.Manju sree
- 3.Stress Wellbeing – MS.R.Manju sree
- 4.Current trends in Psychology – MS.M.Archana
- 5.Career Oppurtunities – Ms.M.Archana


26/6/23
HOD


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M. *[Signature]* 27/7/23
27/4/23
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23	UMERA KULSUM.J	Umera Kulsum J	Umera Kulsum J	Umera Kulsum J	Umera Kulsum J	Umera Kulsum J	Umera Kulsum J
24	UMME AYMAN.N	Umme Ayman N	Umme Ayman N	Umme Ayman N	Umme Ayman N	Umme Ayman N	Umme Ayman N
25	YAMINI .T	T. Yamini	T. Yamini	T. Yamini	T. Yamini	T. Yamini	T. Yamini
26	ZEHEWA SWADA.A	A. Zehewa	A. Zehewa	A. Zehewa	A. Zehewa	A. Zehewa	A. Zehewa
27	ZOYA AFSHEEN.B	B. Zoya	B. Zoya	B. Zoya	B. Zoya	B. Zoya	B. Zoya
28	SRI MATHI.M	M. Sri Mathi	M. Sri Mathi	M. Sri Mathi	M. Sri Mathi	M. Sri Mathi	M. Sri Mathi

Class Incharge

Manjiv
1/8/23

HOD

Shruti D.
1/8/23

Principal

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Marudhar Kesari Jain College for Women, Vaniyambadi
Bridge Course Feedback



Department : PSYCHOLOGY

Academic Year :2023-2024

Class: I BSC PSYCHOLOGY

Course Name: FUNDAMENTALS OF PSYCHOLOGY

S.No	Name of the Student	Feedback
1	M. Afifa Fathima	I got a chance to learn more into about psychology and also the interaction parts was great.
2	Alina Nadeem	All the classes were good & I got to know the basics of psychology & all other subjects.
3	C. Melek Anjum	We got a chance to revise the grammar and get a chance to learn english fluently.
4	B. Zoya Afsheen	I understand basic concept of psychology & I enjoyed my bridge course, seminal classes.
5	A. Zehwa Swada	I got a chance to recall grammar and I learnt basic of Psychology very much.
6	M. Khairunnisa	I have got clear idea about psychology and the other subjects too.

7	Haadiya Lemam.ri	I got to learn basis of psychology and I recalled my grammar.
8	B.A. Manisha Deri	I learned basic about psychology & I learned how to communicate
9	K. Nandhini	I early learned the basic concepts of psychology.
10	Srimathi. M	I learn the basic concepts in psychology and be friendly with staffs.

Class Incharge

Manji
11/6/23

HOD

Dr. S. S. S.
11/6/23

Principal

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