



## **MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI**

### **DEPARTMENT OF PSYCHOLOGY**

#### **BRIDGE COURSE SYLLABUS 2022-2023**

#### **FUNDAMENTALS OF PSYCHOLOGY**

#### **OBJECTIVES**

- To help the students to understand the mental processes to begin with psychology introduction and career opportunities in psychology up to how it results in thoughts and communication.
- To help the students gather knowledge about the structural and functional dynamics of each of the mental processes and their interconnectedness.

#### **UNIT -1: PSYCHOLOGY**

Introduction- School of Psychology- Importance and scope of psychology- Methods of Psychology

#### **UNIT-2: EMOTIONS**

Definition- Types of Emotions- Key Elements of Emotions- Why do we have Emotions?

#### **UNIT-3: STRESS WELL-BEING**

How is stress related to well-being?- Signs of Stress- Causes of Stress- Questionnaire for Managing Stress and Well- being

#### **UNIT-4: MOTIVATION**

Motivation- Types- Uses of Motivation- Impact of Motivation- Potential Pitfalls of Motivation- Self Motivation


#### **UNIT-5 JOBS UNDER PSYCHOLOGY**

What Can You Do With a Psychology Degree?- Typical Psychology Careers- Psychology careers in Healthcare and Therapy- Psychology Career in Education- Psychology Career in Research

## OUTCOMES

- Understand significant aspects of social behavior as resulting in happiness, well-being and personal growth
- Understand the significance of emotion and motivation in behavior management.
- Understand the structural and functional properties of psychological concepts and the way it helps thought, communication, problem solving and decision making through development of concepts, ideas, images, and so on.

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for Women  
Vaniyambadi - 635 751



**Marudhar Kesari Jain College for Women – Vaniyambadi**

**PG Department of Psychology**

**Bridge course 2022-2023 Time Table**

**FUNDAMENTALS OF PSYCHOLOGY**

**29** Years  
of Educational  
Excellence

Day order	I	II	III	IV	V	VI
1.	Major Ms.Raghavi priya	Major Ms.Rabina Deborramma	Communicative English	Sports	Communicative English	Stress
2.	Major Ms.Rabina Deborramma	Major Ms.Raghavi priya	Communicative English	Sports	Communicative English	Personality
3.	Major Ms.Raghavi priya	Major Ms.Rabina Deborramma	Communicative English	Sports	Communicative English	Nutrition
4.	Major Ms.Raghavi Priya	Major Ms.Raghavi priya	Communicative English	Sports	Communicative English	Counseling
5.	Major Ms.Rabina Deborramma	Major Ms.Raghavi priya	Communicative English	Sports	Communicative English	Nutrition

**NAME OF THE HANDLING STAFF**

- 1.Introduction to psychology – Ms.Raghavi priya
- 2.Emotions – Ms.Rabina Deborramma
- 3.Stress Wellbeing – Ms.Raghavi priya
- 4.Motivation – Ms.Rabina Deborramma
- 5.Jobs under psychology – Ms.Rabina Deborramma

*Qatuf*  
6/8/22  
**HOD**

*6/8/22*  
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**MARUDHAR KESARI JAIN COLLEGE FOR WOMEN,  
VANIYAMBADI**



**DEPARTMENT OF PSYCHOLOGY**

Bridge course 2022-2023 **FUNDAMENTALS OF PSYCHOLOGY**



Peddakallupalli Tamil Nadu  
12°64'N 78°60'E  
319.1m Altitude



Peddakallupalli Tamil Nadu  
12°64'N 78°60'E  
319.1m Altitude

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for Women  
Vanivambadi - 635 751.

Dr. S. S. S. S.  
HOD



## BRIDGE COURSE ATTENDANCE 2022-2023

DEPARTMENT : PSYCHOLOGY  
ACADEMIC YEAR : 2022-2023  
CLASS : I BSC PSYCHOLOGY  
COURSE NAME : **FUNDAMENTALS OF PSYCHOLOGY**

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Marudhar Kesari Jain College for Women, Vaniyambadi  
Bridge Course Feedback



Department : PSYCHOLOGY

Academic Year :2022-2023

Class: I BSc Psychology

Course Name: FUNDAMENTALS OF PSYCHOLOGY

S.No	Name of the Student	Feedback
1	Maula Sri Van I BSc Psychology	The class goes in the funny way by gaining more knowledge.
2	S. Sangami I BSc Psychology	I like the way of the teacher's approach and they shared more things with us
3	M. Devi Prisca I BSc Psychology	I feel it was very new that the staffs were very friendly also I like their teaching style
4	S. Gnanapriya I BSc Psychology.	I gain so many knowledge from Bridge course.
5	A. Sugapriya I BSc psychology	It was very interesting course. we learned more.
6	It was interesting and approaching new things	P. Varshni I BSc Psychology

7	Nuha Khugsheed	The class was helpful, we learnt new things, we were flabbergasted by their teaching.
8	Shifa Kulsum	It was nice!
9	Madeeha manal	it was such an wonderful experience, loved the extra curricular activities
10	Hanaya Harmeen	A creative way to adopt, and learn new things through bridge course.

V. R. P. 6.8.22  
Class Incharge

Q. S. P. -  
HOD 6.8.22

M. P. 6.8.22  
Principal  
PRINCIPAL  
Marudhar Kesari Jain College  
for Women  
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