



MARUDHAR KESARI JAIN COLLEGE FOR WOMEN, VANIYAMBADI

DEPARTMENT OF PSYCHOLOGY

BRIDGE COURSE SYLLABUS 2022-2023 FUNDAMENTALS OF PSYCHOLOGY

OBJECTIVES

- To help the students to understand the mental processes to begin with psychology introduction and career opportunities in psychology up to how it results in thoughts and communication.
- > To help the students gather knowledge about the structural and functional dynamics of each of the mental processes and their interconnectedness.

UNIT -1: PSYCHOLOGY

Introduction- School of Psychology- Importance and scope of psychology- Methods of Psychology

UNIT-2: EMOTIONS

Definition- Types of Emotions- Key Elements of Emotions- Why do we have Emotions?

UNIT-3: STRESS WELL-BEING

How is stress related to well-being?- Signs of Stress- Causes of Stress- Questionnaire for Managing Stress and Well-being

UNIT-4: MOTIVATION

Motivation- Types- Uses of Motivation- Impact of Motivation- Potential Pitfalls of Motivation-Self Motivation

UNIT-5 JOBS UNDER PSYCHOLOGY

What Can You Do With a Psychology Degree?- Typical Psychology Careers- Psychology careers in Healthcare and Therapy- Psychology Career in Education- Psychology Career in Research

OUTCOMES

- > Understand significant aspects of social behavior as resulting in happiness, well-being and personal growth
- > Understand the significance of emotion and motivation in behavior management.
- Understand the structural and functional properties of psychological concepts and the way it helps thought, communication, problem solving and decision making through development of concepts, ideas, images, and so on.

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PRINCIPAL Marudhar Kesari Jain College for Women Vaniyambadi - 635 751



Marudhar Kesari Jain College for Women – Vaniyambadi PG Department of Psychology Bridge course 2028-2023 Time Table



FUNDAMENTALS OF PSYCHOLOGY

Day order	I	11	III	IV	v	VI	
1.	Major Ms.Raghavi priya	Major Ms.Rabina Deborramma	Communicative English	Sports	Communicative English	Stress	
2.	Major Ms.Rabina Deborramma	Major Ms.Raghavi priya	Communicative English	Sports	Communicative English	Personality	
3.	Major Ms.Raghavi priya	Major Ms.Rabina Deborramma	Communicative English	Sports	Communicative English	Nutrition	
4.	Major Ms.Raghavi Priya	Major Ms.Raghavi priya	Communicative English	Sports	Communicative English	Counseling	
5.	Major Ms.Rabina Deborramma	Major Ms.Raghavi priya	Communicative English	Sports	Communicative English	Nutrition	

NAME OF THE HANDLING STAFF

- 1.Introduction to psychology Ms.Raghavi priya
- 2.Emotions Ms.Rabina Deborramma
- 3.Stress Wellbeing Ms.Raghavi priya
- 4. Motivation Ms. Rabina Deborramma
- 5. Jobs under psychology Ms. Rabina Deborramma

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DEPARTMENT OF PSYCHOLOGY

Bridge course 2022-2023 FUNDAMENTALS OF PSYCHOLOGY





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MARUDHAR KESARI JAIN COLLEGE FOR WOMEN



BRIDGE COURSE ATTENDANCE 2022-2023

- DEPARTMENT : PSYCHOLOGY ACADEMIC YEAR
 - : 2022-2023
- CLASS : I BSC PSYCHOLOGY
- COURSE NAME : FUNDAMENTALS OF PSYCHOLOGY

S.NO	NAME	25.07.2022	26,07.2022	27.07.2022	28.07.2022	29.07.2022	39.07.2022	02.08.2022	04,08.2022	05.08.2022	06.98.2022
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Class Incharge

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- PRINCIPAL Marudhar Kesari Jain College for Women Vaniyambadi - 635 751.



Marudhar Kesari Jain College for Women, Vaniyambadi Bridge Course Feedback



Department: PSYCHOLOGY Academic Year: 2022-2023 Class: I BSC PSyCHOLOGY Course Name: FUNDAMENTALS OF PSYCHOLOGY

S.No	Name of the Student	Feedback
1	Mainka Svi V.N I BSC Psychology	The class gran in the funny way by gaining Dorre knowlege.
2	S. Sangami BSC Psychology	I like the way of the teacher's Approach and they shared more things with us
3	1). Devî perêga I BSC Psychology	I feel it was very new that the staffs were very brendly also Tlike there teaching style
4	S. GinanaPouya I BSC Psychology.	I gain so many
5	A: sugapenja E BSC Psychology	It was very interesting course use rearned more.
6	Dt was interesting and approaching new things	P. Varshni BBC Psychology

7	Nuha Khuzsheed	The class was helpfue, we learne new things, we were feasbergasted by their learning.
8	Shifa Kulsum	It was nice!
9	Madecha manal	it was such an wonderful experience, long the ectracuricular activities
10	Haneya flarmeeu	A creative way to adopt, and hearn new things through bridge course.

Class Incharge .8.22

Jul HOD.8.22

Principal

PRINCIPAL Marudhar Kesari Jain College for Women Maxivanipadi - 635 751