

DEPARTMENT OF PSYCHOLOGY
PROGRAMME OUTCOMES AND COURSE OUTCOMES OF UNDER
GRADUATE & POST GRADUATE PROGRAMME (2023 ONWARDS)

NAME OF THE PROGRAMME: BACHELOR OF PSYCHOLOGY– PROGRAMME OUTCOME	
PO1	PO1: Disciplinary knowledge: Capable of demonstrating comprehensive knowledge and understanding of one or more disciplines that form a part of an undergraduate Programme of study
PO2	PO2: Communication Skills: Ability to express thoughts and ideas effectively in writing and orally; Communicate with others using appropriate media; confidently share one's views and express herself/himself; demonstrate the ability to listen carefully, read and write analytically, and present complex information in a clear and concise manner to different groups.
PO3	PO3: Critical thinking: Capability to apply analytic thought to a body of knowledge; analyse and evaluate evidence, arguments, claims, beliefs on the basis of empirical evidence; identify relevant assumptions or implications; formulate coherent arguments; critically evaluate practices, policies and theories by following scientific approach to knowledge development.
PO4	PO4: Problem solving: Capacity to extrapolate from what one has learned and apply their competencies to solve different kinds of non-familiar problems, rather than replicate curriculum content knowledge; and apply one's learning to real life situations.
PO5	PO5: Analytical reasoning: Ability to evaluate the reliability and relevance of evidence; identify logical flaws and holes in the arguments of others; analyze and synthesize data from a variety of sources; draw valid conclusions and support them with evidence and examples, and addressing opposing viewpoints.
PO6	PO6: Research-related skills: A sense of inquiry and capability for asking relevant/appropriate questions, problem arising, synthesising and articulating; Ability to recognise cause and effect relationships, define problems formulate hypotheses, test hypotheses, analyse, interpret and draw conclusions from data, establish hypotheses, predict cause and effect relationships; ability to plan, execute and report the results of an experiment or investigation
PO7	PO7: Cooperation/Team work: Ability to work effectively and respectfully with diverse teams; facilitate cooperative or coordinated effort on the part of a group, and act together as a group or a team in the interests of a common cause and work efficiently as a member of a team
PO8	PO8: Scientific reasoning: Ability to analyse, interpret and draw conclusions from quantitative/qualitative data; and critically evaluate ideas, evidence and experiences from an open-minded and reasoned perspective.
PO9	PO9: Reflective thinking: Critical sensibility to lived experiences, with self awareness and reflexivity of both self and society.

PO10	PO10 Information/digital literacy: Capability to use ICT in a variety of learning situations, demonstrate ability to access, evaluate, and use a variety of relevant information sources; and use appropriate software for analysis of data.
PO11	PO 11 Self_directed learning: Ability to work independently, identify appropriate resources required for a project, and manage a project through to completion.
PO12	PO 12 Multicultural competence: Possess knowledge of the values and beliefs of multiple cultures and a global perspective; and capability to effectively engage in a multicultural society and interact respectfully with diverse groups.
PO13	PO 13: Moral and ethical awareness/reasoning: Ability to embrace moral/ethical values in conducting one's life, formulate a position/argument about an ethical issue from multiple perspectives, and use ethical practices in all work. Capable of demonstrating the ability to identify ethical issues related to one's work, avoid unethical behaviour such as fabrication, falsification or misrepresentation of data or committing plagiarism, not adhering to intellectual property rights; appreciating environmental and sustainability issues; and adopting objective, unbiased and truthful actions in all aspects of work.
PO14	PO 14: Leadership readiness/qualities: Capability for mapping out the tasks of a team or an organization, and setting direction, formulating an inspiring vision, building a team who can help achieve the vision, motivating and inspiring team members to engage with that vision, and using management skills to guide people to the right destination, in a smooth and efficient way.
PO15	PO 15: Lifelong learning: Ability to acquire knowledge and skills, including, learning how to learn", that are necessary for participating in learning activities throughout life, through self-paced and self-directed learning aimed at personal development, meeting economic, social and cultural objectives, and adapting to changing trades and demands of work place through knowledge/skill development/reskilling.

NAME OF THE PROGRAMME: B.Sc PSYCHOLOGY – COURSE OUTCOMES	
SEMESTER I	
INTRODUCTION TO PSYCHOLOGY – I (Core I)	<ol style="list-style-type: none"> 1. To offer the students a comprehensive overview and understanding of the Origins, Goals, Research Methods and Fields of Specialization in Psychology. 2. The basic principles of sensation for vision, hearing, smell, taste and bodily senses. 3. The principles of Perception and Illusion. 4. Learning theories highlighting on the principles of Classical and Operant Conditioning and Observational Learning. 5. Emotions and theoretical perspectives of emotions.
BIOLOGICAL PSYCHOLOGY (Core II)	<ol style="list-style-type: none"> 1. To place emphasis on the perspectives and research methods of Biological Psychology. 2. To examine the structure and Communication of the cells of the nervous system and synaptic transmission. 3. To understand the role of brain in regulating temperature, thirst and

	<p>hunger</p> <p>4. To examine the nature and functions of the endocrine glands.</p> <p>5. To examine the causes of brain damage and its effect on behaviour</p>
<p>BUILDING PSYCHOLOGICAL CAPITAL (Elective I)</p>	<p>1. To offer the students a comprehensive overview of positive psychology and Psychological capital.</p> <p>2. The basic of Self efficacy and ways to strengthen individuals Self efficacy to enhance performance.</p> <p>3. The differentiation of hope and hopelessness and its impact on mental state and strategies to imbibe hope.</p> <p>4. To understand the various spectrums of optimism and locus of control.</p> <p>5. To examine Resilience and 7 C's Model of resilience.</p>
SEMESTER-II	
<p>INTRODUCTION TO PSYCHOLOGY - II (Core III)</p>	<p>1. To examine the various spectrum of Cognition like problem – Solving and Decision making.</p> <p>2. To understand the way memory works and stages of memory.</p> <p>3. It provides an overview of theories of motivation and its implication on behaviour.</p> <p>4. To understand what is intelligence and various theoretical approaches to it and to know how to assess Intelligence.</p> <p>5. To understand the underlying concept of personality and how it applies in different settings such as the workplace, in a marriage, in forming friendship, also emphasis on the measurement of and practical applications of personality.</p>
<p>PSYCHOLOGY OF CHILDHOOD (Core IV)</p>	<p>1. To provide an overview of the human development stages from conception to babyhood.</p> <p>2. To understand the characteristics of early childhood at physiological domain.</p> <p>3. To analyse the emotional development of childhood and socialization process.</p> <p>4. To examine the characteristics of late childhood at physiological domain, challenges of development.</p> <p>5. To provide various perspectives to explain cognitive and personality development in early childhood.</p>
<p>CROSS CULTURAL PSYCHOLOGY (Elective II)</p>	<p>1. Introduce the principles, concepts and issues associated with the study of cross-cultural psychology.</p> <p>2. Identify and explore the diversity associated with different cultures and how culture influences all aspects of human interaction in all situations.</p> <p>3. Facilitate students understanding of their own cultural heritage and how these cultural perspectives impact on their lives.</p> <p>4. Examine the role of Culture in various development aspects of human development process and emotionality.</p> <p>5. Explore gender sensitisation in view of cultural spectrum.</p>
SEMESTER III	

PSYCHOLOGY OF ADOLESCENCE AND EARLY ADULTHOOD (Core V)	1. To offer the students a comprehensive overview and understanding of Adolescence and the consequent changes in an adolescent. 2. To comprehend the changes in adolescent behaviour pertaining gender, sexual and relationships. 3. The characteristics, development and changes of Early Adulthood. 4. To have an insight into the Vocational and Family adjustments in Early Adulthood 5. Different perspectives of Cognitive and Personality development in Early Adulthood.
SOCIAL PSYCHOLOGY I (Core VI)	1. To offer the students a comprehensive overview of Social Psychology. 2. To comprehend the development and vicissitudes of Social Cognition. 3. To gain insight into the formation and management of Social Perception. 4. To develop understanding of attitudes and persuasion 5. To learn of the dynamics of close interpersonal relationships.
STATISTICS FOR BEHAVIOURAL SCIENCE (Elective III)	1. To understand basic statistical concepts. 2. To learn of qualitative data and its application in research. 3. To gain insight into parametric analysis. 4. To comprehend Non parametric analysis and tests 5. To apply statistical methods using software.
SEMESTER IV	
PSYCHOLOGY OF MIDDLE AGE AND OLD AGE (Core VII)	1. Physical and emotional changes during adolescence 2. Changes in morality, sex interest and family relationships in adolescence. 3. Hazards of early adulthood 4. Vocational and marital adjustments during early adulthood 5. Cognitive and personality development in adolescence and early adulthood
SOCIAL PSYCHOLOGY – II (Core VIII)	1. Understand how of social influence enable compliance, conformity and obedience 2. Get introduced to the theories that explain selflessness and to suggest ways to increase helping behaviour. 3. Comprehend knowledge about various theories that explain aggression and apply the knowledge to prevent and control aggression. 4. Get acquainted to functions of a group and its influences on individual performance and to educate them about the potential dangers of decision making in group. 5. Facilitate students to see the applicability of social psychological principles in various settings.
INTRODUCTION TO RESEARCH METHODOLOGY (Elective IV)	1. Understand how of social influence enable compliance, conformity and obedience 2. Get introduced to the theories that explain selflessness and to suggest ways to increase helping behaviour. 3. Comprehend knowledge about various theories that explain aggression and apply the knowledge to prevent and control aggression. 4. Get acquainted to functions of a group and its influences on individual performance and to educate them about the potential dangers of decision making in group.

	5. Facilitate students to see the applicability of social psychological principles in various settings.
SEMESTER V	
PSYCHOPATHOLOGY – I (Core IX)	<ol style="list-style-type: none"> 1. To have an overview of Abnormal psychology. 2. To comprehend the paradigms in psychopathology. 3. To gain understanding of Intellectual disability. 4. To develop insight into Somatoform and Dissociative disorders 5. To learn of Addiction disorders.
COGNITIVE PSYCHOLOGY (Core X)	<ol style="list-style-type: none"> 1. To define and outline the evolution and scope of cognitive psychology. 2. To outline various theories of pattern recognition and explain language development, comprehension and understand disorders of language. 3. To outline the various theories of attention and perceptual disorders. 4. To compare the differences between short term, long term and Working memory. 5. To illustrate the different types of problem solving strategies, and the application of different types of reasoning.
ASSESSMENTS IN PSYCHOLOGY (Core XI)	<ol style="list-style-type: none"> 1. To experiment and assess human psychological attributes. 2. To learn psychological test administration and scoring. 3. To comprehend and deduce test results. 4. To conceptualise and report psychological tests. 5. To analyse and apply data to understand unique human psychological capacities and discrepancies.
ORGANISATIONAL PSYCHOLOGY (Elective V)	<ol style="list-style-type: none"> 1. To learn an overview of Organisational Psychology. 2. To comprehend job analysis and its methods. 3. To gain insight into employee selection and recruitment Processes. 4. To understand employee attitudes, motivation, training and evaluation. 5. To learn of leadership theories and enhancement.
COUNSELLING PSYCHOLOGY (Elective VI)	<ol style="list-style-type: none"> 1. To have a perceptual overview of the counselling. 2. To comprehend the counselling process. 3. To understand the role of psychological testing and diagnosis in counselling. 4. To gain insight into the counsellors attributes, skills and ethics. 5. To learn of the varied fields of application in counselling.
SEMESTER VI	
PSYCHOPATHOLOGY – II (Core XIII)	<ol style="list-style-type: none"> 1. Understand the clinical picture, causal factors and treatment for Schizophrenia. 2. Know the Causes and Treatment of the Mood Disorders. 3. Classify the causes and treatment of Anxiety Disorders. 4. Classify personality disorder and its attributes. 5. Understand Attention Deficit Hyperactive Disorder and Learning Disorders

EDUCATIONAL PSYCHOLOGY (Core XIV)	<ol style="list-style-type: none"> 1. Understand the meaning and purpose of education. 2. Explain the theoretical perspectives of learning and cognition. 3. Comprehend the faculties of learning such as intelligence, emotion, and imagination, creativity. 4. Differentiate the social process of learning in various societal contexts. 5. Understanding education from Indian Perspective and application of psychological principles to overcome stress and anxiety and to enhance mental well-being of the students.
HEALTH PSYCHOLOGY (Core XV)	<ol style="list-style-type: none"> 1. Understand need and perspectives of health psychology. 2. Learn various models available to conceptualize health. 3. Learn the nature of pain and its management. 4. Understand the influence of stress on health and the importance of social support in managing stress. 5. Overcome unhealthy behaviour and promote healthy habits
SPORTS AND EXERCISE PSYCHOLOGY (Elective VII)	<ol style="list-style-type: none"> 1. Familiarize with the emerging field in sports and exercise psychology as a profession 2. Integrate theory and practice in sports and exercise 3. Understand the impact of personality and motivation in the performance 4. Comprehend the influence of emotional intelligence on the performance 5. Familiarize with the psychometric test associated with the sports
ENVIRONMENTAL PSYCHOLOGY (Elective VIII)	<ol style="list-style-type: none"> 1. Understand Environmental Psychology and its various psychological perspectives. 2. Comprehend human perception of environmental risk. 3. Understand the effects of environment in human behaviour. 4. Learn about the contribution of human behaviour in environmental crisis. 5. Promote pro-environmental behaviour.

NAME OF THE PROGRAMME: MASTER OF PSYCHOLOGY– PROGRAMME OUTCOME	
PO1	Critical Thinking skills: Ability to substantiate critical reading of text books and research article and also to review in order to make analytical assessments while comprehending them in terms of both generic understanding and contextual study.
PO2	Individuals as assets: To be academically honest, intellectually curious, ethically responsible, professionally competent and spiritually Inspiring citizens.
PO3	Leadership readiness/qualities: Strengthen personal integrity and develop soft skills such as effective communication, teamwork, flexibility, and leadership.
PO4	Academic Excellence: Being a member of the academic community with advanced discipline- specific knowledge and professional skills in the relevant field with the prowess to communicate complex ideas and to engage in current critical debates with all sensitivity and fairness.
PO5	Higher order Thinking skills: Ability to think, analyze, evaluate, create new knowledge and skills both in the chosen discipline and across other fields.
PO6	Subscription to Quality Research: Ability to design and carry out independent research embedded in multidisciplinary perspective, to update oneself with current

	research trends and contemporary inputs in the discipline and to evaluate research contributions.
PO7	Lifelong learning: Ability to learn, unlearn, and relearn knowledge and skills in the emerging areas of the field of specialization.
PO8	Continuous Professional development: Ability to continuously develop oneself professionally and to critically improve one's self with a view to taking appropriate decisions in diverse professional and real-life environment
PO9	Ethics: Ability to be socially sensitive and responsible citizens, with a tolerance to cultural difference and diversity, so as to engage in ethically informed practice.

NAME OF THE PROGRAMME: MASTERS IN PSYCHOLOGY – COURSE OUTCOMES	
SEMESTER – I	
THEORIES OF PERSONALITY (Core I)	1. To make the student understand about personality and its determinants 2. To know the fundamentals of personality theory and its emergence to gain insight about human behavior. 3. To understand the significance of each school of thought in psychology 4. To compare and contrast the conceptual framework of various theories of personality 5. To know the recent trends in personality theories how its applied in the field of psychology
RESEARCH METHODS AND APPLIED STATISTICS (Core II)	1. To understand the processes of scientific research. 2. To gain knowledge in ethics in research 3. To explore the use of appropriate research design. 4. To familiarize with various types of sampling techniques 5. To gain knowledge in research report writing.
COUNSELING SKILLS AND TECHNIQUES (Core III)	1. To acquire knowledge about skill based skills of counseling. 2. To examine the various techniques in counseling 3. To understand the skills and process of online counseling. 4. Practice the skills of attending, listening and responding with empathy using classroom activities and exercises. 5. To understand one' strengths and limitations in basic counseling skills.
GERIATRIC: CHALLENGES AND DEVELOPMENT (Elective I)	1. Acquire an insight about the aging process 2. Envisage the physical and psychological changes of the aged people 3. Identify the symptoms of mental illness in old age. 4. List out the welfare policies and agents for elderly care. 5. Express the issues of caregiving, case management and long term care regulation

PSYCHOLOGICAL INTERVENTION FOR DEVELOPMENTAL DISORDERS (Elective II)	1. To introduce various Developmental Disorders 2. To understand the causal factors of childhood disorders. 3. To gain knowledge about the different types of assessment used in psycho diagnosis of childhood disorders. 4. To explain the psychological principles in management of childhood disorders. 5. To recommend suitable intervention strategies in hypothetical case studies.
	SEMESTER - II
PSYCHOMETRY (Core IV)	1. To understand the steps in construction of Psychological tests. 2. To gain knowledge of the procedures in standardization and development of norms. 3. To describe item writing procedures for different types of tests. 4. To explain item analysis procedures used in test construction 5. To understand ways to minimize error in test construction.
PSYCHOLOGICAL ASSESSMENT I (Core V)	1. To assist in the selection of appropriate tests. 2. To develop competence in Various types of Psychometric tests 3. To Administer psychological test according to the guidelines 4. To understand and interpret the person's test scores 5. To understand and solve the ethical issues in Psychological assessment.
BEHAVIOR MODIFICATION (Core VI)	1. Learn the terminology, procedures, and techniques of Behavior Modification 2. Equip students to apply these principles within the real-world environment
ADDICTION COUNSELLING (Elective III)	1. Gaining a basic understanding of addiction counseling and addiction theory. 2. To familiarize with different types of drugs and their effects. 3. To enable students to use various addiction counseling assessments & diagnosis 4. To equip to students to psycho educate family members of addicted patients 5. To formulate appropriate treatment plan with respect to biopsychosocial environment of patients
PSYCHOTHERAPY (Elective IV)	1.To gain an understanding of the different types of psychological therapies 2. To describe the application of psychological therapies. 3. To explain the process of psychotherapy 4. To understand the application of counseling and psychotherapy in groups and families. 5. To understand the procedures of certain alternative methods to psychotherapy

RELATIONSHIP COUNSELLING FOR CHILDREN AND YOUNG PEOPLE (SEC – I)	1. Familiarize concepts, models and theories related to Relationship counseling 2. Acquire advanced theoretical understanding of Counseling with Children and Young People, integrating opportunities to develop professional and practical counseling skills. 3. Apply Relationship counseling skills in real time scenarios 4. To learn competences based on professional body standards to work with children and young people 5. Identifying the ways in which children and young people manage and process their emotions, including the ability to recognize situations where they are finding it difficult to access these
	SEMESTER - III
APPLIED SOCIAL PSYCHOLOGY (Core VII)	1. To understand the key issues and theoretical concepts of applied social psychology and examine the roles of applied social psychologists. 2. To analyze the intricacies underlying the theories of attribution and social cognition and to gain insight in the formation of attitudes and analyze its impact on behavior. 3. Examine the causes of prejudice and explore techniques to prevent them. 4. To gain an understanding on the cognitive, affective and behavioral process of individuals as influenced by group interaction. 5. To understand the applications of applied social psychology to social issues in the field of media, legal system, politics, work settings, community, health and environment.
ADVANCED COGNITIVE PSYCHOLOGY (Core VIII)	1. To develop an understanding of Cognitive Neuropsychology 2. To give orientation about different methods in cognitive neuroscience 3. To explain brain structure and functions 4. To develop the concept behind the neurological functions of sensory, motor, attention and memory 5. To provide the understanding of brain functions related to executive functions, emotions and social cognition
PSYCHOLOGICAL ASSESSMENT – II (Core IX)	1.To gain knowledge in assessment used at workplace 2. To familiarize with Psychometric properties of tests 3. To Administer psychological test according to the guidelines 4. To understand and interpret the person's test scores 5.To understand and solve the ethical issues in Psychological assessment.
SCHOOL COUNSELING (Core X)	1.To help students understand and identify with their role as School Counselors 2. To enhance the knowledge on the distinct problem areas concerning school children 3. To learn the basic assessments pertaining to the problem areas of school children. 4. To enable efficient delivery of counseling services for the school children in individual and group settings 5. To learn the skill of collaboration with parents and teachers both for

	awareness and intervention, advocacy
TRAINING AND DEVELOPMENT (Elective V)	1. To introduce the fundamental concepts of training and development. 2. To identify the need for training and to develop appropriate skills to construct objectives. 3. To understand different approaches to training and plan training methods. 4. To examine different training styles and to apply the principles to conduct training programs and ensure quality management. 5. To build skills in evaluating the training program.
CORPORATE COUNSELLING (SEC – II)	1. Updated knowledge on Corporate Counseling in context 2. Understand various workplace models and distinguish the importance of each model 3. Explain the skills and process related to professional practices in work setup 4. Discuss various factors contribute towards work stress and its effect on organization 5. Make students apply various psychological principles in employee well-being.
	SEMESTER - IV
HUMAN RESOURCE MANAGEMENT (Core XI)	1. To introduce the fundamental concepts of the HR Department and its structure, personnel policies and principles. 2. To enable the students to learn the process and the sources of planning, recruitment, selection and identify appropriate performance appraisal methods. 3. To impart skills in designing training and development programs and explain the maintenance of Human Resources. 4. To understand the appraisal process and methods. 5. To investigate the causes of stress and describe the models of stress.
COMMUNITY PSYCHOLOGY (Core XII)	1. To understand the important concepts in community Psychology. 2. To understand the fields of community psychology. 3. To describe the various preventive measures that can be adopted in the community. 4. To explain ways to provide supportive measures in the community and psychological first aid in cases of traumatic stress. 5. To analyze ways in which community and social change can be facilitated.
DISSERTATION WITH VIVA VOCE	1. Identify the research problem on the basis of relevant literature review 2. Adopt appropriate research design to undertake the research study 3. Apply research methodology in selection of sample, finalization of tools for research 4. Collect data and analyze the results 5. Present the research work in the form of dissertation
PSYCHOLOGICAL TRAINING MODULE (Elective VI)	1. To help students understand the method of preparing Psychological Training Modules using counseling techniques. 2. To design customized training module for various target groups 3. To utilize the psychological principles in constructing training module 4. To apply psychological interventions in bringing constructive change in thinking, affect and behavior

	5. To help students acquire necessary skills to conduct Training Programmes
SCIENTIFIC REPORT WRITING (SEC – III)	1. To describe the process of writing skills. 2. To apply Microsoft office features in preparing the reports. 3. To choose APA style in writing and publication of research papers. 4. To articulate how to write a research proposal. 5. To combine reports on various forms of qualitative and quantitative research methods.